



Weightlifting

- 1 **Organisers:** Organising Committee of the World Masters Games 2021 Kansai, World Masters Games 2027 Kansai Tokushima Organising Committee, International Masters Weightlifting Association (IMWA), Tokushima Weightlifting Association
- 2 **Co-organiser :** Japan Weightlifting Association
- 3 **Qualifying Period :** 15 January 2026 – 15 December 2026
- 4 **Provisional Competition Schedule :** Monday, 17 May – Tuesday, 25 May 2027
(Competition: 9 Days)

Official Competition Schedule will be produced after the closing date for entries and will depend on the number of athletes registered

Date	Time	Event
Friday 14 May	15:00 Japanese time	Verification of Final Entries and Team Entries via email imwlasecretariat@gmail.com until Friday 14 May midnight Suitable time zone to include all continents.
Sunday 16 May	18:00	Team entry collection meeting in Kansai
Monday, 17 May	9:00 -	M90+, M85, M80, M75 Opening Ceremony W90+, W85, W80, W75, W70, W65, M70
Tuesday, 18 May	09:00 -	M65, M60
Wednesday, 19 May	09:00 -	W60, W55, M55*
Thursday, 20 May	09:00	M55,* M50,* W50*
Friday, 21 May	09:00 – 19:00 -	W50,* M50,* W45 Congress of Nations
Saturday, 22 May	09:00 -	M45, W40*
Sunday, 23 May	09:00 -	W40,* M40
Monday, 24 May	09:00 -	M35,* W35*
Tuesday, 25 May	09:00 – 19:30	W35,* M35* Closing Ceremony/Closing Banquet

*For age groups divided into 2 days, the competitions for lighter bodyweight categories of each relevant age group will be carried out on the 1st day, and the rest will be carried out on the 2nd day.

A detailed competition schedule will be finalized after the Verification of Final Entries.

5 Venue

Amino-Value Hall

(61 Aza-yonmai Tateiwa Muyacho, Naruto City, Tokushima 772-0017)

6 Field Size

Total 800 athletes more possible, max. 900

7 Competition Regulations

All events will be conducted in accordance with the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF) and incorporating the Technical and Competition Rules of IMWA, or as otherwise specified in this document. The World Masters Weightlifting Championship will be held simultaneously with the World Masters Games. 2 sets of results/ 2 sets of records will be registered.

8 Technical Delegate

Takahiro Shimada , Executive Board Member, Japan Weightlifting Association

9 Competition Rules

(1) Athlete Classification

The ranking will be determined based on the total Q-Masters points of the two lifts (snatch and clean & jerk) by gender, class, and age categories.

(2) Verification of Final Entries/Technical Meeting

Athletes who wish to participate in 1 lower or 1 higher bodyweight category than the one into which they have entered must communicate this modification with the IMWA secretariat by email before or at latest during the Online Verification Meeting on Friday 14 May Japanese time zone by themselves or through their agents.

imwlasecretariat@gmail.com

(3) Other Rules

- a) Athletes cannot move to a higher or lower bodyweight category at the time of the weigh-in. At the Verification of Final Entries Meeting and before the start of IMWA World or Continental Masters Championships, each National Federation confirms the final entry list of their athletes including name of the athlete, age group, and bodyweight category.
- b) Athletes must provide proof of identity by presenting their passport (or English language identity card including date of birth for domestic athletes) to the Competition Secretary / Weigh-in Officials.
- c) New records can be recognized for the World Masters Games, the World + Continental Masters Championships.
- d) The person responsible for the entry shall be the representative of the National Masters body recognized by the IMWA.
- e) The Competition Schedule is subject to change depending on the final number of entries received.

10 Event

(1) Age Groups

Men

M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

Women

W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85, W90+

(2) IWF new Bodyweight Categories from 1st August 2026 applies:

Men

60kg, 65kg, 70kg, 75kg, 85kg, 95kg, 110kg, +110kg

Women

49kg, 53kg, 57kg, 61kg, 69kg, 77kg, 86kg, +86kg

For men and women in age groups 70 and above, the minimum weight on the bar shall be 15 kg (10 kg bar and two full-sized 2.5 kg discs, with clips instead of collars). If the desired weight is 20 kg, 15 kg bar may be used. The qualification standards must be observed.

11 Eligibility

- (1) Athletes must have achieved the qualifying standard for their age group and bodyweight category in an official event.
- (2) Participation must be approved by the National Masters Body. The IMWA instructs HUNADO to check directly through WADA if all provisional registered athletes are eligible to participate. Athletes on (provisional) suspension are ineligible to register for the participation.
- (3) Lifting sessions will be conducted beginning with the oldest age groups first, and the youngest age groups last. Within each age group, it will begin with the lightest bodyweight category first and the heaviest last. Some bodyweight categories will be grouped together depending on the number of lifters in an age group and bodyweight category.
- (4) Participants will be selected in descending order from the results table of athletes who have achieved the qualifying standard for their age group and bodyweight category in an official event.

12 Age Requirements

- (1) The minimum age to participate is 35 (born on or before 31 December 1992).
- (2) In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2027. For example, if a person is 39 during Games time but has turned 40 by 31 December 2027, that person would compete in the 40-44 age category.

13 Medal Ceremony

- (1) Gold, silver, and bronze medals will be awarded to the first to third-ranked athletes in the total in each event. However, no medals will be awarded to athletes who have not achieved the qualifying standard for their age group and bodyweight category. Medals will be given for the World Masters Games and the World Masters Championship results.
- (2) The medal ceremony of each weightlifting session is planned to be held after the completion of the session.
- (3) The Best Lifter Award per age group will be given to the best male and female lifter
- (4) A Grand Masters Award will be given to the first best overall male and female lifter,.

14 Registration Fee

- (1) Competition participation fee (including tax and handling fee)
 - * Check [World Masters Games 2027 Kansai Participation Terms and Conditions](#) for detail.
 - Competition participants (Basic fee: allowed to participate in 5 types of competition across all sport)
 - a) Overseas participants: 24,000 yen/person
(Including a transportation pass for mobility within the Kansai area.)
 - b) Domestic participants: 15,000 yen/person
(Does not include a transportation pass. Can be purchased at additional cost.)
 - Official/Coach, Helper, Partner (Basic fee)
 - a) Overseas participants: 14,000 yen/person
(Including a transportation pass for mobility within the Kansai area.)
 - b) Domestic participants: 5,000 yen/person
(Does not include a transportation pass. Can be purchased at additional cost.)
- (2) Additional charges (extra fees)
1,000 yen
- (3) Rental fee for competition equipment, etc.
None (Competition equipment will not be rented)

15 How to Apply for Participation

Only participants who achieved the qualifying standards for their age group and body weight category are eligible to pre-register through the IMWA Registration System at, www.imwa-reg.com the dedicated website for entry applications.

The WMG/IMWA Preliminary Entry system opens from 15 January 2026 to 15 December 2026.

From the 19 December 2026 to 28 February 2027 the final WMG registration opens for all eligible athletes who registered preliminary on the WMG/IMWA Preliminary Entry system. **A specific access code will be send to all National Masters bodies. Eligible athletes must request this access code directly from their National Masters body.**

Nations who don't have a National Masters Body must contact immediately the IMWA secretariat: imwlasecretariat@gmail.com

*Please see [World Masters Games 2027 Kansai Participation Terms and Conditions](#) for details.

16 Notes on Participation

(1) Insurance

The organiser will have accident insurance for participants, but this insurance is only applicable to "injuries incurred during the competition in the competition venues" of the "competitors and officials", and does not cover all risks athletes and officials may be exposed to throughout the Games. Participants shall arrange and bear the cost of all other insurance coverage needed in advance for the period of the Games.

* Check [World Masters Games 2027 Kansai Participation Terms and Conditions](#) for detail.

(2) Doping Control

○ Doping control in accordance with the [World Anti-Doping Code](#) and [the rules of the International Masters Games Association](#) shall apply to this competition.

○ Anti-doping activities (doping inspections and anti-doping education activities) shall be conducted in accordance with [the rules of the International Masters Games Association](#).

○ By entering the Games, participants are deemed to have agreed to be subject to doping control procedures in accordance with [the rules of the International Masters Games Association](#) upon entry to the competition. Participants are advised to check [the rules of the International Masters Games Association](#) Rules for more details.

○ This competition aims to promote anti-doping activities as an activity to protect clean sports and clean athletes in order to leave various values of sports to the next generation through sports in cooperation with the Japan Anti-Doping Agency.

○ Participants in this competition are deemed to have consented to JADA (Japan Anti-Doping Agency) providing a copy of the doping test results to IMWA.

17 Application for Accommodation and Transportation

(1) Accommodation

Refer to the Accommodation Information Page on the [World Masters Games 2027 Kansai Official Website](#) for information on accommodation.

(2) Transportation

Refer to the Transportation Information Page on the [World Masters Game 2027 Kansai Official Website](#) for transportation information including access to the venue.

18 Others

Participants must complete entry procedures with the competition accreditation desk before participating (via competing or getting involved) in the competition.

(1) Games Accreditation

Accreditation services shall be provided in the manner prescribed by the organisers. For details regarding however, the registration period, times, and other matters, please check the World Masters Games 2027 Kansai Participation Terms and Conditions.

(2) IMWA Congress of Nations 2027

① Date and Time:

FRIDAY, 21 MAY 2027, 19:00 - 21:00 We also hold a ZOOM Hybrid Congress managed by the IMWA committee

② Place: Amino Value Hall (2nd floor) Audio-Visual Room

(3) Closing Banquet

The closing banquet serves as an event where participants can mingle.

① Date and Time:

Tuesday, 25 May 2027, 19:30 – 21:00

② Venue:

Amino Value Hall (tentative)

③ Participation fee:

To be determined (Athletes' families are welcome to join, as well)

④ Registration:

At the competition venue (during competition days)

⑤ Miscellaneous:

Participation is voluntary.

(4) Registration

1. Preliminary registration will be by the IMWA Registration System:

www.imwa-reg.com

Preliminary registration opens **15 January 2026** until Closing date of registration **15 December 2026**.

Official WMG registration opens on 19 December 2026 and closes 28 February 2027

2. When registration in the Preliminary System is completed, all athletes must register for the WMG through the WMG website to pay the entry fee and receive accreditation before competing.

WMG website registration for Weightlifting opens 19 December 2026 and closes 28 February 2027.

www.wmg2027.jp

**INCLUSION: ADAPTIVE WEIGHTLIFTING AND TRANSGENDER
IMWA FOLLOWS THE IWF GENDER IDENTITY RULES**