



REGULATIONS

EUROPEAN

YOUTH & U15

WEIGHTLIFTING

CHAMPIONSHIPS

Thessaloniki, Greece

June 15th – 23th, 2024



**To: European Weightlifting Federation
Member Federations**

OFFICIAL INVITATION

Dear Friends,

On behalf of the Hellenic Weightlifting Federation and Organizing Committee, we have the great honor to invite all athletes, coaches, and officials from all the EWF Member Federations to Thessaloniki, Greece, from June 15 to 23, 2024, to participate in the 2024 EWF Youth & U15 European Championships.

Thessaloniki is the second-largest city in Greece with slightly over one million inhabitants in its metropolitan area and the capital of the geographic region of Macedonia and is located on the Thermaic Gulf, at the northwest corner of the Aegean Sea.

The city is renowned for its festivals, events and vibrant cultural life in general. Events such as the Thessaloniki International Fair and Thessaloniki International Film Festival are held annually.

The city's main university, Aristotle University, is the largest in Greece and the Balkans.

It's been 23 years since the Junior World Weightlifting Championship was last held in the city and the people of Thessaloniki are really excited to welcome such a big event once more.

We look forward to welcoming you soon in the beautiful city of Thessaloniki, famous for its great history and culture!

President
Theano Zagkliveri

General Secretary
Pyrrros Dimas



1. KEY DATES

EWF invites Member Federations to participate	15 March 2024
<i>Whereabouts information of Athletes wishing to compete at European championships must be properly submitted three months before the European championships and throughout the whole competition</i>	15 March 2024
Technical Official's nomination deadline	12 April - 15 April 2024
Preliminary Entries Youth Max 10 Main Athletes for female Max 10 Reserve Athletes for female Max 10 Main Athletes for male Max 10 Reserve Athletes for male Preliminary Entries U15 Max 10 Main Athletes for female Max 10 Reserve Athletes for female Max 10 Main Athletes for male Max 10 Reserve Athletes for male	12 April - 15 April 2024
Information about selected Technical Officials	10 May 2024
Final Entries Youth Max 10 Main Athletes for female Max 2 Reserve Athletes for female Max 10 Main Athletes for male Max 2 Reserve Athletes for male Final Entries U15 Max 10 Main Athletes for female Max 2 Reserve Athletes for female Max 10 Main Athletes for male Max 2 Reserve Athletes for male	12 May - 15 May 2024
Team receives Invoices	20 - 25 May 2024



Team Payment by bank transfer	25 May - 01 June 2024
<p>Online Final Verification Youth Max 10 Main Athletes for female Max 10 Main Athletes for male Max two athletes for each category</p> <p>Online Final Verification U15 Max 10 Main Athletes for female Max 10 Main Athletes for male Max two athletes for each category</p>	<p>from 5 June 2024 (09.00 a.m. CET) to 7 June 2024 (09.00 a.m. CET)</p>
Publishing Start book	12 June 2024
Selected Technical Officials' arrival day	13-14 June 2024
<p>Anti-doping & Fair Play Seminar</p> <p>Team Manager's Meeting</p> <p>ITOs meeting in the Competition venue</p>	<p>14 June 2024 09:30-11:00 Local time</p> <p>11:30-12:30 Local time</p> <p>17:00 Local time</p>
Competition	15 - 23 June 2024
First day of the competition:	15 June 2024
Opening ceremony	<p>15 June 2024</p> <p>19:00 Local time</p>
Halfway meeting for Technical Officials	19 June 2024
Last day of the competition:	23 June 2024
Departure day	24 June 2024



2. ACCOMMODATION AND FEES

- Capsis Hotel Thessaloniki**

For all info visit:

<https://capsishotels.gr/thessaloniki/>

Accommodation prices:	
Single Occupancy	€ 160 (euros) per person per day
Twin/Double Occupancy	€ 145 (euros) per person per day
Triple Occupancy	€ 120 (euros) per person per day

Check-in: 14.00 Check-out: 12.00

The minimum stay in a hotel for the participants is 4 days. If needed - contact the LOC directly to make special arrangements re-minimum stay.

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee 10 days before the first competition day, the delegation must pay to the Local Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form on 15/05/2024 should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after 05/06/2024 and no refunds will be given.

For matters of accommodation and accreditation please contact:

2024youthewc@gmail.com



The ACCREDITATION CENTRE is located at the • Capsis Hotel Thessaloniki

Address: Monastiriou Str. 546 29 Thessaloniki

Entry Fee: 200 € per person.

IWF Special Anti-Doping Fee: 100 USD, youth athletes only.

Transportation fee: 30 € per person (Thessaloniki International Airport – Hotel and vice versa)

Payment must be made by bank transfer and any bank charges for transfers or other transactions are the responsibility of the Member Federation.

Details of the Hellenic Weightlifting Federation bank: The Bank: NATIONAL BANK OF GREECE Address: STADIOU 38, 10564 ATHENS, GREECE SWIFT Code: ETHNGRAA Account Holder: HELLENIC WEIGHTLIFTING FEDERATION HWF Customer Address: OLYMPIC STADIUM 'SPYROS LOUIS', LEOF. KIFISIAS 37, 15123, MAROUSI	
Currency: EUR IBAN* GR9701102150000021501274696	Currency: USD IBAN* GR9701102150000021501274696

Payments made in Euro (€) currency - Accommodation, Entry Fee, Transportation Fee.

Payments made in US DOLLAR (USD, US\$) currency –IWF Special Anti-Doping Fee

3. MEDIA

All media participants must be approved in advance. No Accreditation fee is required. Media Accreditation requests shall be submitted via e-mail to the Hellenic Weightlifting Federation and EWF. The EWF and Hellenic Weightlifting Federation pay special attention to Media representatives interested in the most important EWF continental competition and weightlifting, in general. In this sense, the Organizing Committee is considering extending the possibility of overnight accommodation in other hotels with more advantageous financial conditions for accredited Media Representatives. In case of any questions, please contact:

2024youthewc@gmail.com

media@ewf.sport



4. COMPETITION AND TRAINING VENUE

Competition hall name: Palais Des Sports

Training hall name: Palais Des Sports

Shuttles will be available for transportation between hotel and competition hall.

5. ELIGIBILITY

The participation in the European Youth & U15 championships is limited to athletes (boys and girls) and team officials from National Federations which are full members of the EWF.

In accordance with Article 5.5.16 of the 2024 IWF Anti-doping rules since the Competition starts on the 15th of June 2024, the whereabouts information should be submitted **for Q1 2024 by 15th March 2024 (3 months prior to the event) and should be submitted for Q2 2024 by 31st March 2024**. If you have any problems submitting your Whereabouts, please contact IMMEDIATELY iwf@ita.sport

All Athletes participating are recommended to complete the WADA ADeL online course for Athletes before competing. The following link will take you to the course:

<https://adel.wada-ama.org/learn/learning-plans/1/international-level-athletes-education-program-english>

Athletes and support personnel (coaches, team physicians) must register on the site, watch the videos, and pass the quiz at the end to get the certificate, much as they did with the IWF ILiftClean platform.

The certificate has to be sent to: weightlifting.education@ita.sport

Please contact WADA at adel@wada-ama.org if athletes and athlete support personnel (coaches, team doctors, etc.) have any issues with the registration procedure.

6. COMPETITION RULES

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO equipment will be used in competitions as well as in training.



7. DOPING CONTROL

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

8. INSURANCE

Participating Federations must accept full moral and financial responsibility for their respective delegations.

Before departing their homeland, all participants must be covered by their respective Federations for travel and accident/injury/illness (Covid-19).

9. EVENT CATEGORIES AND AWARDS

European Youth Championships

- Weightlifters born between 1st January 2007 and 31st December 2011 (aged between 13-17 years).
Girls, 10 categories: 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg +81 kg.
Boys, 10 categories: 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg.

European Under 15 Championships

- Weightlifters born between 1st January 2009 and 31st December 2011 (aged between 13-15 years).
Girls, 10 categories: 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg +81 kg.
Boys, 10 categories: 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg.

One federation must compete with two different teams in the EWC Youth and U15 competitions. Youth and U15 teams must include different weightlifters.

Gold, silver, and bronze medals will be awarded to the first, second, and third place lifters in Snatch, Clean & Jerk, and Total in each bodyweight category for each championship.

The best male and female athletes, as well as the top six ranked men's and women's teams, will receive trophies according to the IWF team classification.

Diplomas will be awarded to all participants.



10. VISAS

Participants who require a visa to enter Greece must complete the Visa Application Form and return it together with passport copies before 1 May, 2024 to e-mail: 2024youthewc@gmail.com

Local Organizing Committee will supply visa invitation letters to all Federations / Associations free of charge if they provide all the required documents in time.

LOC cannot guarantee the visa invitation letter if participants send their documents later than the deadline.

11. FLAGS AND ANTHEMS

Each national federation is kindly asked to bring two (two) national flags (100 x 150 cm) and an mp3 version of their national anthem.

The Organizing Committee will collect them from each delegation upon their arrival.

12. TERMS AND CONDITIONS OF PARTICIPATING

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with the EWF, the IWF Constitution and By-Laws, the IWF TCRR, the Anti-Doping Rules (ADR)
- Abide by all reasonable directions given by the EWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by EWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented
- Should attend Press Conference upon request of EWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the EWF and/ or OC shall have no responsibility for any loss or damage to this property
- Should irrevocably release EWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event



EUROPEAN WEIGHTLIFTING
FEDERATION

- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors
- Should acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or EWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.
- All participating federations and their members agree that any material recorded during the competition in which they are located may be used for EVF promotional purposes without compensation.

13. FURTHER INFORMATION

Greece Weightlifting Federation

GWF General Secretary

Mr. Pyrros Dimas

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2024youthewc@gmail.com

European Weightlifting Federation

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secretariat@ewf.sport

**Welcome to
Thessaloniki !**