



**FINAL SCHEDULE**  
**2024 WORLD MASTERS**  
**WEIGHTLIFTING CHAMPIONSHIPS**  
**ROVANIEMI - FINLAND**  
**5 - 14 SEPTEMBER 2024**



	Weigh-in	Start	Age	B/W	Session	PLATFORM
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**Technical Meeting 1800 WEDNESDAY 04 SEPTEMBER 2024**

<b>Thursday</b> <b>05/09/2024</b>	07:00	09:00	M85	55 - 109+kg	1	A
	07:00	09:00	M80	55 - 81kg	1	B
	07:00	09:00	M80	89 - 109+kg	1	B
	09:30	11:30	M75	55 - 81kg	2	A
	09:30	11:30	M75	89 - 109+kg	2	B

**OPENING CEREMONY**

	12:30	14:30	M70	55 - 67kg	3	A
	12:30	14:30	W80 - W75			
	12:30	14:30	W70	45 - 87+kg	3	B
	15:15	17:15	M70	73 - 81kg	4	A
	15:15	17:15	W65	45 - 64kg	4	B

<b>Friday</b> <b>06/09/2024</b>	07:00	09:00	M70	89 - 109+kg	5	A
	07:00	09:00	M65	55 - 73kg	5	B
	10:00	12:00	M65	81 - 89kg	6	A
	10:00	12:00	W65	71 - 87+kg	6	B
	12:30	14:30	M65	96 - 109+kg	7	A
	12:30	14:30	W60	45 - 59kg	7	B
	15:00	17:00	M60	55 - 73kg	8	A

<b>Saturday</b> <b>07/09/2024</b>	07:00	09:00	M60	81kg	9	A
	07:00	09:00	M60	89kg	9	B
	09:15	11:15	W60	64 - 76 kg	10	A
	09:15	11:15	W60	81 - 87+kg		
	09:15	11:15	W55	45 - 59kg	10	B
	12:45	14:45	M60	96kg	11	A
	12:45	14:45	M60	102 - 109+kg	11	B
	15:30	17:30	M55	55 - 73kg	12	A
	15:30	17:30	M55	81kg	12	B

<b>Sunday</b> <b>08/09/2024</b>	07:00	09:00	M55	89 - 96kg	13	A
	07:00	09:00	W55	64kg	13	B
	09:00	11:00	W55	71 - 76kg	14	A
	09:00	11:00	W55	81 - 87+kg	14	B
	11:45	13:45	M55	102kg	15	A
	11:45	13:45	M55	109 - 109+kg	15	B
	14:15	16:15	W50	45 - 55kg	16	A
	14:15	16:15	W50	59kg	16	B



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<b>Monday</b> 09/09/2024	07:00	09:00	W50	64kg	17	A
	07:00	09:00	W50	71kg	17	B
	09:15	11:15	M50	55 - 73kg	18	A
	09:15	11:15	M50	81kg	18	B
	12:00	14:00	M50	89 - 96kg	19	A
	12:00	14:00	W50	76 - 87+kg	19	B
<b>CONGRESS OF NATIONS: 1900 HOURS</b>						
<b>Tuesday</b> 10/09/2024	07:00	09:00	M50	102 - 109+kg		
	07:00	09:00	M45	55 - 61kg	20	A
	07:00	09:00	M45	67 - 73kg	20	B
	09:45	11:45	M45	81kg	21	A
	09:45	11:45	M45	89kg	21	B
	12:30	14:30	M45	96kg	22	A
	12:30	14:30	M45	102kg	22	B
<b>CONGRESS OF NATIONS: 1900 HOURS</b>						
<b>Wednesday</b> 11/09/2024	07:00	09:00	W45	45 - 59kg	23	A
	07:00	09:00	M45	109-109+kg		
	07:00	09:00	M40	55 - 73kg	23	B
	10:00	12:00	W45	64kg	24	A
	10:00	12:00	W45	71 - 76kg	24	B
	13:00	15:00	W45	81kg	25	A
	13:00	15:00	W45	87 - 87+kg	25	B
	14:45	16:45	M40	81kg	26	A
	14:45	16:45	M40	89kg	26	B
<b>CONGRESS OF NATIONS: 1900 HOURS</b>						
<b>Thursday</b> 12/09/2024	07:00	09:00	M40	96 - 102kg	27	A
	07:00	09:00	W40	45 - 55kg	27	B
	09:30	11:30	M40	109-109+kg	28	A
	09:30	11:30	W40	59kg	28	B
	12:15	14:15	W40	64kg	29	A
	12:15	14:15	W40	71kg	29	B
	15:15	17:15	W40	76kg	30	A



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<b>Friday</b> 13/09/2024	07:00	09:00	W40	81 - 87+kg	31	A
	07:00	09:00	M35	55 - 73kg	31	B
	09:15	11:15	M35	81kg	32	A
	09:15	11:15	M35	89kg	32	B
	13:00	15:00	M35	96kg	33	A
	13:00	15:00	W35	45 - 55kg	33	B
<b>Saturday</b> 14/09/2024	07:00	09:00	W35	59kg	34	A
	07:00	09:00	M35	102kg	34	B
	09:30	11:30	W35	64kg	35	A
	09:30	11:30	W35	71 - 76kg	35	B
	12:30	14:30	W35	81 - 87+kg	36	A
	12:30	14:30	M35	109 - 109+kg	36	B
CLOSING BANQUET						