



**PRELIMINARY TIMETABLE  
FOR GUIDANCE ONLY  
2024 WORLD MASTERS  
WEIGHTLIFTING CHAMPIONSHIPS  
ROVANIEMI - FINLAND  
5 - 14 SEPTEMBER 2024**



	Weigh-in	Start	Age	B/W	Session	PLATFORM
<b>Technical Meeting 1800 WEDNESDAY 04 SEPTEMBER 2024</b>						
<b>Thursday</b> 05/09/2024	07:00	09:00	M85	55 - +109kg	1	A
	07:00	09:00	M80	55 - +109kg	1	B
	10:00	12:00	M75	55 - 73kg	2	A
	10:00	12:00	M75	81 - +109kg	2	B
<b>OPENING CEREMONY</b>						
	13:15	15:15	M70	55 - 67kg	3	A
	13:15	15:15	M70	73 - 89kg	3	B
	16:30	18:30	W75 - W70	45 - +87kg	4	A
	16:30	18:30	W65	45 - 64kg	4	B
<b>Friday</b>						
<b>Friday</b> 06/09/2024	07:00	09:00	M70	96 - +109kg	5	A
	07:00	09:00	M65	55 - 67kg	5	B
	10:15	12:15	M65	73 - 81kg	6	A
	10:15	12:15	M65	89 - 109+kg	6	B
	13:15	15:15	W65	71 - 87+kg	7	A
	13:15	15:15	W60	45 - 59kg	7	B
	15:30	17:30	M60	55 - 67kg	8	A
	15:30	17:30	M60	73kg	8	B
<b>Saturday</b>						
<b>Saturday</b> 07/09/2024	07:00	09:00	M60	81kg	9	A
	07:00	09:00	M60	89kg	9	B
	09:15	11:15	M60	96 - 102kg	10	A
	09:15	11:15	W60	64 - 87+ kg	10	B
	11:45	13:45	M60	109 - 109+kg	11	A
	11:45	13:45	W55	45 - 59kg	11	B
	13:30	15:30	M55	55 - 73kg	12	A
	13:30	15:30	M55	81kg	12	B
<b>Sunday</b>						
<b>Sunday</b> 08/09/2024	07:00	09:00	M55	89kg	13	A
	07:00	09:00	W55	64 - 71kg	13	B
	09:15	11:15	M55	96kg	14	A
	09:15	11:15	W55	76 - 87+kg	14	B
	12:00	14:00	M55	102kg	15	A
	12:00	14:00	M55	109 - 109+kg	15	B
	14:45	16:45	W50	45 - 55kg	16	A
	14:45	16:45	W50	59kg	16	B



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	Weigh-in	Start	Age	B/W	Session	PLATFORM
<b>Monday</b> 09/09/2024	07:00	09:00	W50	64 - 71kg	17	A
	07:00	09:00	W50	76 - +87kg	17	B
	10:00	12:00	M50	55 - 73kg	17	A
	10:00	12:00	M50	81kg	17	B
	12:30	14:30	M50	89kg	18	A
	12:30	14:30	M50	96kg	18	B
<b>CONGRESS OF NATIONS: 1900 HOURS</b>						
<b>Tuesday</b> 10/09/2024	07:00	09:00	M50	102kg	20	A
	07:00	09:00	M50	109 - +109kg	20	B
	09:15	11:15	M45	55 - 67kg	21	A
	09:15	11:15	M45	73 - 81kg	21	B
	12:15	14:15	M45	89kg	22	A
	12:15	14:15	M45	96kg	22	B
	15:00	17:00	M45	102Bkg	23	A
	15:00	17:00	M45	102Akg	23	B
<b>CONGRESS OF NATIONS: 1900 HOURS</b>						
<b>Wednesday</b> 11/09/2024	07:00	09:00	W45	45 - 55kg	24	A
	07:00	09:00	M45	109-109+kg	24	B
	09:30	11:30	W45	59 - 64kg	25	A
	09:30	11:30	W45	71 - 76kg	25	B
	12:15	14:15	W45	81 - +87kg	26	A
	12:15	14:15	M40	55 - 73kg	26	B
	14:45	16:45	M40	81kg	27	A
	14:45	16:45	M40	89kg	27	B
<b>CONGRESS OF NATIONS: 1900 HOURS</b>						
<b>Thursday</b> 12/09/2024	07:00	09:00	M40	96 - 102kg	28	A
	07:00	09:00	M40	109-109+kg	28	B
	10:30	12:30	W40	45 - 55kg	29	A
	10:30	12:30	W40	59kg	29	B
	13:15	15:15	W40	64Bkg	30	A
	13:15	15:15	W40	64Akg	30	A
	15:00	17:00	W40	71kg	31	B
	15:00	17:00	W40	76kg	32	A



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<b>Friday</b> 13/09/2024	07:00	09:00	W40	81kg	32	A
	07:00	09:00	W40	87 - +87kg	32	B
	09:15	11:15	M35	55 - 67kg	33	A
	09:15	11:15	M35	73kg	33	B
	11:45	13:45	M35	81kg	34	A
	11:45	13:45	M35	89kg	34	B
	14:45	16:45	M35	96kg	35	A
	14:45	16:45	W35	45 - 55kg	35	B
<b>Saturday</b> 14/09/2024	07:00	09:00	W35	59kg	36	A
	07:00	09:00	W35	64kg	36	B
	09:45	11:45	W35	71kg	37	A
	09:45	11:45	M35	102kg	37	B
	12:00	14:00	W35	76 - +87kg	38	A
	12:00	14:00	M35	109 - +109kg	38	B

**CLOSING BANQUET**