



# INVITATION

**To the President / General Secretary  
of the EWF Affiliated Weightlifting Federations**

Dear Sir/Madam,

On behalf of the Armenian Weightlifting Federation, we are pleased to invite you to the 2023 EWF European Championships that will take place April 15 – 23, 2023 in Yerevan, Armenia.

Welcome to Yerevan, Armenia.

Best regards,

**Pashik Alaverdyan**

**General Secretary**



# **REGULATIONS**

# **EWF EUROPEAN CHAMPIONSHIPS**

**Yerevan – Armenia**

**April 15 – 23, 2023**

**Key dates:**

<b><i>EWF invites the Congress Member Federations, Executive Board and Committees, Competition</i></b>	<b><i>13 January 2023</i></b>
<b><i>Whereabouts information of Athletes wishing to compete at European championships must be properly submitted three months before the European championships and throughout the whole competition</i></b>	<b><i>15 January 2023</i></b>
Technical Official's nomination deadline	<b><i>13-15 February 2023</i></b>
<b>Preliminary Entries</b> Max 10 Main Athletes for female Max 10 Reserve Athletes for female Max 10 Main Athletes for male Max 10 Reserve Athletes for male	<b><i>13-15 February 2023</i></b>
<b><i>Member Federations and Officers shall send the EWF proposal for inclusion on the Agenda. No item submitted after that time will be included in the agenda</i></b>	<b><i>13 February 2023</i></b>
Information about selected Technical Officials	<b><i>01 March 2023</i></b>
<b>Final Entries</b> Max 10 Main Athletes for female Max 2 Reserve Athletes for female Max 10 Main Athletes for male Max 2 Reserve Athletes for male	<b><i>13-15 March 2023</i></b>
<b><i>EWF sends to the Member Federations and the Officers the Agenda, and other relevant documents</i></b>	<b><i>13 March 2023</i></b>
Team receives Invoices	<b><i>20-25 March 2023</i></b>
Team Payment by bank transfer	<b><i>27-31 March 2023</i></b>
<b><i>Online Final Verification</i></b> Max 10 Main Athletes for female Max 10 Main Athletes for male Max two athletes for each category	<b><i>from 09 April 2023 (08.00 a.m. CET) to 11 April 2023 (08.00 a.m. CET)</i></b>
Arrival day for EWF EB members	<b><i>11 April 2023</i></b>
<b><i>EWF Committees' Meetings</i></b>	<b><i>12 April 2023 (09:00-12:00 Local time)</i></b>
<b><i>EWF Executive Board Meeting</i></b>	<b><i>12 April 2023 (14:00-17:00 Local time)</i></b>
EWF Congress Registration	<b><i>13 April 2023 (08:30-09:00 Local time)</i></b>
<b><i>EWF Congress -</i></b>	<b><i>13 April 2023 (09:00-13:30 Local time)</i></b>
Online Team Manager's Meeting Option - important Information about the competition will be sent by email	<b><i>13 April 2023 (19.00 Local time) Zoom</i></b>



	Option – an email with important information about the competition will be received by MFs by 18.00h Local time
Selected Technical Officials' arrival day	<b>13 April 2023</b>
Publishing Start book	<b>14 April 2023</b>
<b>Anti-doping &amp; Fair Play Seminar</b> <b>Opening Ceremony</b> <b>Awarding Ceremony</b> <b>2022 The Best European Weightlifter</b> <b>ITOs meeting in Competition Hall</b> <b>Test event:</b> - Television Rehearsal & Full Competition Systems Test - Simulated competition with 5 local lifters and Technical Officials - Athletes Presentation, Medal Ceremony & Flag Raising	<b>14 April 2023</b> <b>09:00-10:30 Local time</b> <b>14:00-16:00 Local time</b> <b>16:00-16:30 Local time</b>  <b>17:00-18:00 Local time</b> <b>18:00-20:00 Local time</b>
<b>Competition</b>	<b>15 - 23 April 2023</b>
<b>First day of the competition:</b>	<b>15 April 2023</b>
Halfway meeting for Technical Officials	<b>19 April 2023</b>
<b>Last day of the competition:</b>	<b>23 April 2023</b>
Departure day	<b>24 April 2023</b>

*During the Online Final Verification, Team Managers from each participating National Federations could access the specified period to the Entry system, to confirm the names, categories, and entry totals of their athletes including the correct spelling of their athletes' names as they appear in their respective passports.*

*During Online Team Manager's Meeting, there will be a briefing on all the arrangements relating to accommodation, meals, local transportation, training, and competition. This will also be the main opportunity for Team Managers to ask any questions. Option – information will be sent by email.*

## **1. ACCOMMODATION AND FEES**

### **ATHLETE'S Hotels:**

**BEST WESTERN PLUS CONGRESS**  
 1 Italy St, Yerevan, 0010

**RAMADA HOTEL & SUITES**  
 13 Pavstos Buzand St., Yerevan, 0010

**ANI GRAND**  
 65 Hanrapetutyan St, Yerevan, 0010

**OPERA SUITE**  
 1 Raphael Lemkin Street 1/3, Yerevan, 0019

**ITO Hotel**

HOLIDAY INN REPUBLIC SQUARE  
2 Amiryan St, Yerevan 0010

**EWF/VIP Hotel**

HOTEL NATIONAL  
4/3 Amiryan Street, Yerevan, Armenia, 0010

Check-in: 13.00, Check-out: 12.00

***The Accreditation Centre is located at one of the official hotels.***

The minimum stay in a hotel for the participants is 4 days. If needed - contact the LOC directly to make special arrangements re-minimum stay.

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee 10 days before the first competition day, the delegation must pay to the Local Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form on **15/03/2023** should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after **01/04/2023** and no refunds will be given.

COVID countermeasures will be subject to the host government's and EWF's rules.

**Accommodation prices:**

Single room: 150 € per room  
Double room: 240 € per room

**Entry Fee:** 150 € per person.

**IWF Special Anti-Doping Fee:** 100 USD, paid by athletes only.

**Transportation fee:** 20 € per person, Zvartnots International Airport - Hotel - Zvartnots International Airport.



“LORE TRAVEL” LLC is a partner company of LOC that will manage all inquiries and bank wire including accommodation, transportation, accreditation, and anti-doping fees.

<b>For SWIFT: EUR</b>	<b>For SWIFT: USD</b>
<b>INTERMEDIARY:</b>	<b>INTERMEDIARY:</b>
RAIFFEISEN ZENTRALBANK OESTERREICH AG	CITIBANK NA, NEW YORK
SWIFT CODE: RZBAATWW	SWIFT CODE: CITIUS33
<b>BENEFICIARY’S BANK:</b>	<b>BENEFICIARY’S BANK:</b>
AMERIABANK, YEREVAN	AMERIABANK, YEREVAN
SWIFT: ARMIAM22	SWIFT: ARMIAM22
<b>BENEFICIARY:</b>	<b>BENEFICIARY:</b>
BENEFICIARY: “LORE TRAVEL” LLC	BENEFICIARY: “LORE TRAVEL” LLC
ACCOUNT N: 1570083668230146	ACCOUNT N: 1570083668230101
TIN: 06954954	TIN: 06954954
ADDRESS: 80-11 Virahayots str, Stepanavan, RA	ADDRESS: 80-11 Virahayots str., Stepanavan, RA
<b>E-MAIL:</b> <a href="mailto:info@visitarmenia.travel">info@visitarmenia.travel</a>	<b>E-MAIL:</b> <a href="mailto:info@visitarmenia.travel">info@visitarmenia.travel</a>
<b>TEL:</b> +374 43 878787	<b>TEL:</b> +374 43 878787
<b>DIRECTOR:</b> ARARAT DOKHOLYAN	<b>DIRECTOR:</b> ARARAT DOKHOLYAN

**MEDIA:**

All media participants must be approved in advance. No Accreditation fee is required.

Media Accreditation requests shall be submitted via e-mail to the Armenia Weightlifting Federation [championships.2023@awf.am](mailto:championships.2023@awf.am) and EWF [media@ewf.sport](mailto:media@ewf.sport)

*The EWF and Armenia Weightlifting Federation pay special attention to Media representatives interested in the most important EWF continental championships. Media representatives are free to choose their accommodation and will be allowed to use Competition shuttles for free.*



## **2. COMPETITION AND TRAINING VENUE**

**Competition hall name:** Karen Demirchyan Sports and Concerts Complex  
Tsitsernakaberdi zbosaygi 1, Kentron, Yerevan, 0028, AM

**Training hall name:** "KILIKIA" GYM HALL  
Armenia, 0082, Yerevan Kilikia District, Ayasi St., 1 Building/ 40.177821, 44.492065

Shuttles will be available for transportation between hotels and the competition/training hall.

## **3. ELIGIBILITY**

Participating athletes must be 15 years of age and over (year of birth 2008 or earlier).

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2021 whereabouts information of the Athletes shall be submitted at a minimum of three months prior to the Event (by 15 January 2023).

If you have any problems submitting your Whereabouts, please contact IMMEDIATELY [iwf@ita.sport](mailto:iwf@ita.sport)

All Athletes participating shall successfully complete the WADA ADeL online course for Athletes before competing.

The following link will take you to the course: <https://adel.wada-ama.org/>

Athletes and support personnel (coaches, team physicians) must register on the site, watch the videos, and pass the quiz at the end to earn the certificate, much as they did with the IWF ILiftClean platform.

Please contact WADA at [adel@wada-ama.org](mailto:adel@wada-ama.org) if athletes and athlete support personnel (coaches, team doctors, etc.) have any issues with the registration procedure.

## **4. COMPETITION RULES**

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO will be used in competitions as well as in training.

## **5. DOPING CONTROL**

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

## **6. INSURANCE**

Participating Federations must accept full moral and financial responsibility for their respective delegations.



## 7. EVENT CATEGORIES AND AWARDS

**Women: 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg, +87 kg**

**Men: 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg, +109 kg**

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category. Trophies will be awarded to the best male and female athletes and to the top six men's and women's teams, according to the IWF Team Classification.

Diplomas will be awarded to all participants.

## 8. VISAS

Most European countries' citizens require no visa to enter Armenia, however, please use this link to verify the visa requirements <https://www.mfa.am/en/visa/>.

Here is the list of countries whose citizens with all types of passports are unilaterally exempt from the requirement to obtain a visa to enter the Republic of Armenia <https://www.mfa.am/en/visafreelist>. They can stay in the territory of the Republic of Armenia for up to 180 days per year.

For those nations requiring a visa, LOC will provide support to receive a visa on arrival. It is crucial to contact LOC on or before **March 15<sup>th</sup>, 2023**, at [championships.2023@awf.am](mailto:championships.2023@awf.am)

## 9. TERMS AND CONDITIONS OF PARTICIPATING

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with EWF / IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), and EWF / IWF COVID-19 Protocols.
- Abide by all reasonable directions given by the EWF, the Local Organizing Committee (LOC), and TOs.
- Should accept any prize or award given by EWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented.
- Should attend Press Conference upon request of EWF / LOC.
- Should not participate in, support, or promote illegal betting.
- Should be responsible for all property they bring into the Event – the EWF and/or LOC shall have no responsibility for any loss or damage of this property.
- Should irrevocably release EWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event.





- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors.
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed.
- Agree that entry is subject to payment of all fees, including entry, anti-doping, accommodation, food, and transportation, prior to using any LOC or EWF facility, or for airport transfers.
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance.
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.
- All participating federations and their members agree that any material recorded during the competition in which they are located may be used for EWF promotional purposes without compensation.

#### 10. FURTHER INFORMATION

<b>Armenia Weightlifting Federation</b> <b>Contact Person</b> Araik ALAVERDYAN Tel.: +374 94878707 (WhatsApp) e-mail: <a href="mailto:championships.2023@awf.am">championships.2023@awf.am</a>	<b>European Weightlifting Federation</b> EWF General Secretary Dr. Milan MIHAJLOVIC Tel: +381 63 287 263 (WhatsApp) e-mail: <a href="mailto:secretariat@ewf.sport">secretariat@ewf.sport</a>
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## PRELIMINARY TIMETABLE

<b>2023 EWF EUROPEAN CHAMPIONSHIPS</b>			
<b>1<sup>st</sup> Competition Day</b>			
<b>15.04.2023</b>	13:00	<b>Women</b>	<b>SE 55C 45B 49B</b>
	17:30	<b>Women</b>	<b>SE 45A</b>
	20:00	<b>Women</b>	<b>SE 49A</b>
<b>2<sup>nd</sup> Competition Day</b>			
<b>16.04.2023</b>	09:00	<b>Women</b>	<b>SE 55B</b>
	11:30	<b>Men</b>	<b>SE 55B 61B</b>
	15:00	<b>Men</b>	<b>SE 55A</b>
	17:30	<b>Women</b>	<b>SE 55A</b>
	20:00	<b>Men</b>	<b>SE 61A</b>
<b>3<sup>rd</sup> Competition Day</b>			
<b>17.04.2023</b>	11:30	<b>Women</b>	<b>SE 59B</b>
	14:00	<b>Men</b>	<b>SE 67B</b>
	17:30	<b>Women</b>	<b>SE 59A</b>
	20:00	<b>Men</b>	<b>SE 67A</b>
<b>4<sup>th</sup> Competition Day</b>			
<b>18.04.2023</b>	11:30	<b>Women</b>	<b>SE 64B</b>
	14:00	<b>Men</b>	<b>SE 73B</b>
	17:30	<b>Women</b>	<b>SE 64A</b>
	20:00	<b>Men</b>	<b>SE 73A</b>
<b>5<sup>th</sup> Competition Day</b>			
<b>19.04.2023</b>	09:00	<b>Women</b>	<b>SE 71C</b>
	11:30	<b>Women</b>	<b>SE 71B</b>



	14:00	<b>Men</b>	<b>SE 81B</b>
	17:30	<b>Women</b>	<b>SE 71A</b>
	20:00	<b>Men</b>	<b>SE 81A</b>
<b>6<sup>th</sup> Competition Day</b>			
<b>20.04.2023</b>	11:30	<b>Women</b>	<b>SE 76B</b>
	14:00	<b>Men</b>	<b>SE 89B</b>
	17:30	<b>Men</b>	<b>SE 89A</b>
	20:00	<b>Women</b>	<b>SE 76A</b>
<b>7<sup>th</sup> Competition Day</b>			
<b>21.04.2023</b>	09:00	<b>Women</b>	<b>SE 81B</b>
	11:30	<b>Men</b>	<b>SE 96B</b>
	14:00	<b>Men</b>	<b>SE 102B</b>
	17:30	<b>Women</b>	<b>SE 81A</b>
	20:00	<b>Men</b>	<b>SE 96A</b>
<b>8<sup>th</sup> Competition Day</b>			
<b>22.04.2023</b>	09:00	<b>Men</b>	<b>SE 109B</b>
	11:30	<b>Women</b>	<b>SE 87B +87B</b>
	15:00	<b>Men</b>	<b>SE 102A</b>
	17:30	<b>Men</b>	<b>SE 109A</b>
	20:00	<b>Women</b>	<b>SE 87A</b>
<b>9<sup>th</sup> Competition Day</b>			
<b>23.04.2023</b>	10:00	<b>Men</b>	<b>SE +109B</b>
	13:30	<b>Women</b>	<b>SE +87A</b>
	16:00	<b>Men</b>	<b>SE +109A</b>

*Please note: The competition schedule is subject to change after the verification of final entries.*