



2021 EUROPEAN MASTERS WEIGHTLIFTING CHAMPIONSHIP
ALKMAAR - THE NETHERLANDS
16 - 21 OCTOBER 2021



WOMEN START LIST

Age Group	Body Weight (KG)	Best Total (KG)	Qualify Total (KG)	Nation	DOB	Lastname	Firstname	
W35	45	95	79	FIN	08/11/1982	Isokangas	Anne	
	49	112	85	FRA	26/03/1984	Sitter	Cecile	
	55	144	93	HUN	18/01/1982	Kollár	Edit	
		140	93	RUS	19/01/1985	Kasyanova	Valeriya	
		125	93	ITA	15/11/1984	SCOPECE	ILARIA	
		124	93	DEN	18/04/1983	Jensen	Tina Himmelstrup	
		123	93	FRA	13/02/1985	Stoll	Alexandra	
		121	93	IRL	13/01/1983	Scott	Dawn	
		113	93	GER	01/11/1983	Meißner	Tina	
		59	153	98	SWE	05/04/1983	Hugosson	Helena
	135		98	ITA	20/03/1985	SCHETTINI	CHIARA	
	131		104	DEN	18/10/1985	Kofod Mogensen	Elisa	
	120		98	NOR	13/02/1985	Jónsdóttir	Tinna Marína	
	118		98	GER	28/06/1983	Roy	Nicole	
	110		98	SUI	11/02/1984	Galle	Stefanie	
	109		98	BEL	18/09/1983	Van Dooren	Cathy	
	64	146	104	GER	18/06/1984	Heilgeist	Melanie	
		140	104	IRL	09/07/1982	Zylyftari	Nigera	
		135	104	ITA	22/05/1982	MECCO	LAURA	
		132	104	FIN	13/11/1983	Junttila	Jenni	
		131	104	FRA	10/10/1983	HOARAU	Veronique	
		107	104	NED	23/05/1985	saremi	parizad	
		104	104	POR	08/03/1985	Tafula	Inês	
		71	182	111	GBR	18/04/1986	McEwan	Jo
	168		111	DEN	18/06/1984	Olsen	Nina Skyhøj	
	158		111	NED	24/11/1983	Pengel	Lorraine	
	144		111	SUI	04/10/1982	Galli	Claudia	
	140		111	GRE	07/03/1982	KYRIAKIDOU	CHARIKLEIA	
	140		111	POL	17/09/1982	Markiewicz	Justyna	
	137		111	SVK	28/08/1983	Bakošová	Barbara	
	135		111	GER	22/06/1982	Schelhase	Carina	
	133		111	POR	30/04/1986	Oliveira	Cláudia	
	132		111	GER	17/06/1985	Schilder	Franziska	
	128		111	NED	25/04/1984	Schouten	Kim	
	130		111	ITA	07/04/1986	SPINA	VALERIA	
	119		111	FIN	08/07/1983	Hankimo	Katariina	
	76		170	115	ESP	03/03/1982	LAVID BAEZ	RAQUEL
			161	115	FRA	15/04/1986	Prouet	Caroline
		148	115	ITA	18/08/1982	FAVERO	RACHELE	
		138	115	NED	30/07/1984	De Vries	Elsa	
		130	115	GER	12/02/1986	Müller	Katrin Jasna	
		127	115	DEN	18/01/1985	Weis	Signe	
	81	205	119	HUN	30/10/1983	Szuromi	Timea	
		162	119	POL	13/09/1982	Sarnecka	Marzena	
	87	219	123	DEN	03/01/1986	Vennekilde	Louise	
		137	123	ISR	03/08/1985	Kuzy	Neta	
	W35							
	W40	49	110	80	BEL	23/09/1979	Peeters	Elsie
			93	80	POR	19/06/1981	Castro	Débora
		55	133	88	GBR	12/10/1979	Williams	Georgina
			105	88	FRA	28/07/1978	elise	frebourg
		59	135	93	ITA	20/10/1980	Benedetti	Anna Lucia

	130	93	DEN	20/03/1978	Hansen	Kristina Hauge Smith
	105	93	DEN	22/05/1978	Muratov	Laura
	100	93	SWE	30/05/1980	Andreasson Johannisson	Sascha
64	156	98	FRA	14/05/1979	DELACHAT	Mathilde
	155	98	ITA	16/07/1981	BELTRAMI	ILARIA CLAUDIA
	133	98	IRL	31/01/1977	Martin	Catherine
	113	98	NED	02/06/1979	Dost	K Eske
	120	98	ESP	22/11/1978	Barahona	Mónica
	115	98	RUS	08/11/1981	Portniagina	Evgeniia
	105	98	UKR	23/11/1979	Bardaleva	Eva
		100	105	NED	12/11/1980	Moendir
71	160	105	FRA	30/09/1979	Pascale	Boukerrou
	139	105	POL	10/03/1979	Knapik	Katarzyna
	134	105	NOR	20/07/1977	Loy	Siren
	111	105	NED	04/07/1980	van Steeg	Sylvia
	126	105	POL	04/02/1981	Kuczbajska	Magdalena
	115	105	FRA	21/11/1981	LE VIENNESSE	MARJORIE
	100	105	GBR	17/10/1981	Shaw	Tina
		157	109	NED	17/02/1977	Hermans
76	140	109	NED	27/05/1979	Gosschalk	Jinga
	139	109	FIN	05/06/1979	Jääskeläinen	Anni
	124	109	FRA	14/11/1980	TERRISSE	Emmanuelle
	180	112	ESP	05/03/1981	Sosa Berdugo	Damaris
81	120	112	GBR	09/08/1981	Ellison	Rachel
	157	112	DEN	26/06/1978	Rindholm	Tine
	148	112	NOR	26/05/1980	Endresen	Ingeborg
	127	112	ESP	24/07/1979	Arias ambrosini	Agustina
	148	119	HUN	18/07/1978	Bódis-Szabó	Katinka
87+	130	119	NED	23/12/1981	Bosma	Ciska

W40

W45

49	111	76	DEN	29/08/1974	Jakobsen	Rikke
	55	137	83	FIN	21/10/1974	Majander
59	103	83	NED	08/12/1973	Vrolijk	Dikla
	103	83	FIN	05/03/1972	Leikola	Virve Eveliina
64	130	87	ITA	19/09/1974	MARIGLIANO	MONICA
	125	87	ISL	18/04/1972	Hakonardottir	Helga Hlin
	120	87	GBR	27/11/1975	Murad	Lynette
	107	87	ESP	22/07/1973	Lozano Requelme	Maria Laura
	100	87	CZE	27/01/1975	Prchalova	Michaela
	150	92	SWE	02/06/1973	Nylén	Karin
	130	92	SVK	27/05/1975	Hudymáčová	Martina
	116	92	SUI	25/11/1972	Müller	Sandra
71	135	99	NED	13/07/1975	Oosting	Joyce
	132	99	SWE	06/09/1973	Petrell	Lina
	130	99	DEN	26/06/1975	Fuhr	Karina
	110	99	POL	27/11/1975	Kurzbauer	Karolina
	110	99	POL	24/06/1976	Chada	Sylwia
	89	99	GER	04/01/1973	Hedderich	Silke
	115	99	BEL	02/08/1975	Steenhaut	Isabelle
	128	102	NOR	01/01/1975	Kroken	Linda Pá
76	146	102	FIN	23/03/1972	Selkälä	Eija
	151	109	SWE	12/12/1973	Boman	Katarina
	141	109	FIN	12/10/1973	Anria	Sari
87+	184	112	IRL	08/03/1976	McLarnon	Claire
	126	112	GBR	05/04/1976	De Val	Victoria

W45

W50

64	131	87	POR	23/12/1969	Rodrigues Rodrigues	Elizabeth
	131	87	NED	15/05/1968	Van Glaanen Weijgel	Marcha
	118	87	GER	08/06/1967	Damme	Annett
	101	87	NOR	28/12/1970	Søfteland	Line
	99	87	GBR	21/10/1970	Reay	Joanne
71	95	92	IRL	21/01/1970	McDonough	Donna

		114	92	FIN	14/07/1971	Niemi	Susanna
		92	92	DEN	26/02/1971	Schröder	Maya
	76	105	96	FRA	06/09/1971	france	collinot
		103	96	DEN	16/09/1970	Henriksen	Kira
	81	130	99	ISL	01/11/1969	Halldorsdottir	Anna G
	87	104	102	DEN	26/10/1967	Daidsen	Henriette
W50							
W55	59	112	70	NED	30/06/1965	Pijcke	Adela
		92	70	IRL	27/02/1963	Byrne	Gabrielle
	64	90	74	FIN	05/04/1965	Vilenius	Irmeli
		88	74	GER	19/09/1965	Lorenz	Silke
		77	74	SWE	14/04/1964	Ekedahl	Annika
		75	74	GER	28/09/1963	Rahir	Kim
		74	74	GBR	08/08/1962	Forbes	Trisha
	71	114	79	SWE	29/05/1964	Hansen	Carola
		90	79	GBR	20/05/1965	Tippett	Trish
	76	97	82	BEL	28/06/1964	Fairchild	Alea
81	101	85	NOR	24/12/1964	Skjervheim	Margit	
	90	85	FIN	31/01/1966	Takala	Satu	
W55							
W60	49	84	51	GER	31/10/1960	Pipke	Monika
	55	88	57	FRA	26/09/1958	WITKOWSKI	DAGMAR
		73	57	FIN	20/05/1957	Koivisto-Allonen	Assi
		66	57	IRL	17/10/1959	Brown	Phil
	59	101	60	GBR	09/01/1959	Trebilcock	Diane
		74	60	FIN	13/12/1958	Pitkänen	Kirsi
	64	82	63	FIN	08/09/1961	Korhonen	Hille
		74	63	NED	21/06/1957	Putters	Nannie
	71	73	67	IRL	20/04/1957	Moore-Fox	Lucinda
		75	67	GER	29/08/1958	Lackus	Ulrike
	76	100	70	AUT	15/06/1959	Bohusch	Karin
	81	80	72	BEL	14/02/1960	Isabelle	Genot
	87	77	74	GBR	03/10/1958	Cameron	Claire
W60							
W65	55	75	51	DEN	09/08/1955	Jørgensen	Marga
		74	51	FIN	18/02/1956	Sankamo	Maija-Riitta
	64	65	57	DEN	13/01/1955	Larsen	Lene Dorrit
W65							
W70	55	72	45	NED	02/03/1951	Berendsen	Maria
		70	45	NED	09/05/1950	Dikhoff	Joke
W70							
W75	59	43	43	AUT	05/07/1944	McSwain	Dagmar
W75							