



Competition Protocol

Norwegian Weightlifting Federation

Competition: **Nordic Senior Championships**

Organizer: **Vigrestad IK**

Place: **Vigrestadhallen**

Date: **12.10.19**

Group: **1**

Weight category	Body weight	Category	Birth date	St no	Name	Team	Snatch			Clean & Jerk			Best attempt in each event		Total	Points	Pl.	Rec.
							1	2	3	1	2	3						
55	51,93	SW	27.06.90		NIEMELÄ Anna	FIN	<u>61</u>	<u>64</u>	<u>66</u>	<u>72</u>	<u>76</u>	<u>78</u>	64	76	140	208,95	4	
55	54,41	JW	05.02.00		BOGE Tiril	NOR	<u>65</u>	<u>65</u>	<u>69</u>	<u>76</u>	<u>78</u>	<u>81</u>	65	81	146	210,68	3	
55	54,54	SW	20.03.94		ØVSTHUS Sarah Orteza Hovden	NOR	<u>79</u>	<u>82</u>	<u>84</u>	<u>98</u>	101	102	82	98	180	259,31	1	
55	54,82	SW	05.07.85		VIHANTOLA Emilia	FIN	<u>70</u>	<u>70</u>	<u>70</u>	<u>85</u>	<u>85</u>	<u>85</u>	0	0	0	0,00		
55	54,69	SW	05.02.94		JENSEN Sandra	DEN	<u>72</u>	<u>72</u>	<u>74</u>	<u>85</u>	<u>90</u>	<u>94</u>	74	90	164	235,80	2	
59	56,25	SW	29.12.91		BRUHN Katrine	DEN	<u>75</u>	<u>76</u>	<u>76</u>	<u>96</u>	<u>100</u>	<u>105</u>	76	100	176	248,17	4	
59	56,22	SW	12.09.96		JACOBSEN Rebekka Tao	NOR	<u>76</u>	<u>78</u>	<u>79</u>	<u>99</u>	<u>102</u>	<u>104</u>	78	102	180	253,90	3	
59	58,51	SW	25.04.94		LØVIND Amalie Årsten	DEN	<u>77</u>	<u>77</u>	<u>77</u>	-	-	-	0	0	0	0,00		
59	58,81	SW	28.11.97		BERGLUND Donna	SWE	<u>68</u>	<u>68</u>	<u>71</u>	<u>90</u>	<u>94</u>	<u>94</u>	68	90	158	216,25	5	
59	58,77	SW	25.09.91		LAINNE Eveliina	FIN	<u>65</u>	<u>69</u>	<u>69</u>	<u>83</u>	<u>85</u>	<u>90</u>	65	85	150	205,39	6	
59	58,85	SW	30.07.91		HELGADOTTIR Þuridur Erla	ISL	<u>76</u>	<u>79</u>	<u>82</u>	<u>99</u>	<u>103</u>	<u>106</u>	79	103	182	248,99	2	
59	58,70	SW	14.08.92		WAALER Sol Anette	NOR	<u>81</u>	<u>84</u>	<u>84</u>	<u>103</u>	<u>105</u>	<u>1106</u>	81	103	184	252,15	1	
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Competition lead:

Jury members: Benny Johansson, Sweden, Cat 1, Pres.
Dorthe Lauridsen, Denmark, Cat 1
Trond Kvilhaug, Norway, Cat 1

Secretary: Arne H. Pedersen, Norway

Speaker: Tina Beiter, Denmark, Cat 1

Referees:

- 1 Heikki Rautapuro, Finland, Cat 1
- 2 Elisabeth Hagman, Sweden, Cat 1
- 3 Lárus Páll Pálsson, Iceland, Cat 1

Technical Controller:

Hilde Næss, Norway, Cat 2

Chief Marshall:

Larisa Izumrudova, Norway, Cat 1 - Tord Gravdal, Norway, Nat

Timekeeper:

Erling Langtved, Denmark, Cat 1

Record description:



Competition Protocol

Norwegian Weightlifting Federation

Competition: **Nordic Senior Championships**

Organizer: **Vigrestad IK**

Place: **Vigrestadhallen**

Date: **12.10.19**

Group: **2**

Weight category	Body weight	Category	Birth date	St no	Name	Team	Snatch			Clean & Jerk			Best attempt in each event		Total	Points	Pl.	Rec.
							1	2	3	1	2	3						
61	60,02	SM	02.05.94		SHI Jesse	SWE	<u>85</u>	<u>90</u>	93	<u>108</u>	<u>111</u>	<u>115</u>	90	115	205	298,57	1	
67	56,96	SM	23.02.98		DALEN Bendik Drangsholt	NOR	<u>87</u>	<u>95</u>	102	<u>107</u>	<u>117</u>	127	95	117	212	320,58	1	
73	72,99	SM	21.10.92		LINTULAAKSO Akseli	FIN	<u>105</u>	110	110	133	<u>133</u>	140	105	133	238	306,02	6	
73	72,94	SM	13.10.93		KAIKKONEN Henri	FIN	<u>110</u>	115	115	<u>141</u>	150	150	110	141	251	322,86	5	
73	72,68	SM	15.07.95		BALDURSSON Arni Runar	ISL	<u>114</u>	<u>117</u>	120	<u>135</u>	140	140	117	135	252	324,81	4	
73	71,56	SM	15.02.96		JONSSON Einar Ingi	ISL	<u>110</u>	114	<u>114</u>	139	<u>140</u>	<u>145</u>	114	145	259	336,86	3	
73	72,52	SM	14.04.91		RONESS Daniel Strømsborg	NOR	<u>115</u>	119	121	<u>146</u>	<u>151</u>	<u>156</u>	115	156	271	349,75	2	
73	72,81	SM	16.09.90		KRING Tim	DEN	<u>133</u>	<u>137</u>	140	<u>163</u>	<u>170</u>	173	137	170	307	395,30	1	x
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Competition lead:

Jury members: Benny Johansson, Sweden, Cat 1, Pres
Dorthe Lauridsen, Denmark, Cat 1
Trond Kvilhaug, Norway, Cat 1

Secretary: Arne H. Pedersen, Norway

Speaker: Tina Beiter, Denmark, Cat 1

Referees:

- 1 Hilde Næss, Norway, Cat 2
- 2 Heikki Rautapuro, Finland, Cat 1
- 3 Elisabeth Hagman, Sweden, Cat 1

Technical Controller:

Arne Grostad, Norway, Cat 2

Chief Marshall:

Patrick Helgesson, Sweden, Cat 1 - Aron Süssmann, Norway, Nat

Timekeeper:

Erling Langtved, Denmark, Cat 1 - Tor Steinar Herikstad, Norway, Cat 2

Record description:

Tim Kring, 73 kg; Nordic Record Clean & Jerk: 170 kg



Competition Protocol

Norwegian Weightlifting Federation

Competition: **Nordic Senior Championships**

Organizer: **Vigrestad IK**

Place: **Vigrestadhallen**

Date: **12.10.19**

Group: **3**

Weight category	Body weight	Cate-gory	Birth date	St no	Name	Team	Snatch			Clean & Jerk			Best attempt in each event		Total	Points	Pl.	Rec.
							1	2	3	1	2	3						
64	62,18	W1	18.05.82		ADOLFSSON Jenny	SWE	<u>79</u>	<u>82</u>	<u>85</u>	<u>97</u>	101	<u>101</u>	82	101	183	241,77	2	
64	63,34	SW	06.03.95		RICHTER Lena Amalie	NOR	<u>69</u>	<u>72</u>	<u>75</u>	<u>92</u>	<u>97</u>	<u>97</u>	75	92	167	218,16	5	
64	62,64	SW	02.08.97		SIGURDARDOTTIR Amalia Osk	ISL	<u>68</u>	<u>73</u>	<u>76</u>	<u>85</u>	<u>90</u>	<u>93</u>	73	93	166	218,32	6	
64	63,59	W1	02.02.84		GRYTHE Marie Mossige	NOR	77	<u>77</u>	<u>82</u>	<u>97</u>	<u>100</u>	<u>103</u>	77	103	180	234,58	3	
64	62,18	SW	03.02.95		ARADOTTIR Inga	ISL	75	<u>75</u>	<u>78</u>	<u>85</u>	<u>85</u>	<u>85</u>	75	0	0	0,00		
64	62,24	SW	04.04.94		SØGAARD Mille	DEN	<u>73</u>	<u>76</u>	<u>79</u>	<u>94</u>	<u>95</u>	100	76	95	171	225,78	4	
64	61,95	SW	19.12.92		POULSEN Amanda	DEN	<u>81</u>	<u>84</u>	<u>87</u>	<u>99</u>	103	<u>103</u>	87	103	190	251,59	1	
64	63,21	SW	18.09.85		PARJANEN Tytti	FIN	<u>68</u>	71	71	<u>85</u>	<u>85</u>	88	68	85	153	200,12	8	
64	62,34	SW	07.12.89		KOSKINEN Essi	FIN	<u>71</u>	73	73	91	<u>91</u>	<u>93</u>	71	91	162	213,69	7	
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													0	0	0			
													0	0	0			

Competition lead:

Jury members: Benny Johansson, Sweden, Cat 1, Pres
Dorthe Lauridsen, Denmark, Cat 1
Trond Kvilhaug, Norway, Cat 1

Secretary: Arne H. Pedersen, Norway

Speaker: Tina Beiter, Denmark, Cat 1

Referees:

- 1 Arne Grostad, Norway, Cat 2
- 2 Hilde Næss, Norway, Cat 2
- 3 Heikki Rautapuro, Finland, Cat 1

Technical Controller:

Tor Steinar Herikstad, Norway, Cat 2

Chief Marshall:

Patrick Helgesson, Sweden, Cat 1 - Tord Gravdal, Norway, Nat

Timekeeper:

Lárus Páll Pálsson, Iceland, Cat 1

Record description:



Competition Protocol

Norwegian Weightlifting Federation

Competition: **Nordic Senior Championships**

Organizer: **Vigrestad IK**

Place: **Vigrestadhallen**

Date: **12.10.19**

Group: **4**

Weight category	Body weight	Category	Birth date	St no	Name	Team	Snatch			Clean & Jerk			Best attempt in each event		Total	Points	Pl.	Rec.
							1	2	3	1	2	3						
81	80,82	M2	21.06.78		HARTIKAINEN Iiro	FIN	<u>115</u>	<u>118</u>	<u>121</u>	<u>135</u>	<u>140</u>	<u>145</u>	121	145	266	323,72	2	
81	80,00	JM	20.05.99		ALAM Omed	DEN	<u>130</u>	<u>135</u>	-	<u>155</u>	-	-	135	155	290	354,77	1	
81	79,14	SM	24.09.94		BENEROUZ Reza	NOR	111	111	<u>111</u>	<u>134</u>	<u>140</u>	145	111	140	251	308,77	4	
81	79,53	SM	02.10.91		ROBERTSSON Daniel	ISL	<u>115</u>	120	122	<u>135</u>	<u>140</u>	145	115	140	255	312,90	3	
89	86,63	SM	19.07.95		OLSEN Mats	NOR	<u>123</u>	<u>126</u>	130	<u>160</u>	<u>168</u>	176	126	168	294	345,98	2	
89	88,23	SM	06.02.96		NYKÄNEN Jesse	FIN	<u>138</u>	<u>143</u>	145	<u>162</u>	<u>171</u>	-	143	171	314	366,45	1	
89	82,16	SM	17.01.95		ORN Birkir	ISL	<u>110</u>	<u>115</u>	122	<u>140</u>	<u>150</u>	<u>155</u>	115	155	270	325,89	4	
89	88,97	SM	23.05.93		PÁLSSON Jan-Philip	SWE	<u>124</u>	<u>127</u>	<u>130</u>	153	<u>154</u>	160	130	154	284	330,20	3	
													0	0	0			
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Competition lead:

Jury members: Benny Johansson, Sweden, Cat 1, Pres
Dorthe Lauridsen, Denmark, Cat 1
Trond Kvilhaug, Norway, Cat 1

Secretary: Arne H. Pedersen, Norway

Speaker: Tina Beiter, Denmark, Cat 1

Referees:

- 1 Erling Langtved, Denmark, Cat 1
- 2 Arne Grostad, Norway, Cat 2
- 3 Lárus Páll Pálsson, Iceland, Cat 1

Technical Controller:

Hilde Næss, Norway, Cat 2

Chief Marshall:

Patrick Helgesson, Sweden, Cat 1 - Aron Süßmann, Norway, Nat

Timekeeper:

Tor Steinar Herikstad, Norway, Cat 2

Record description:



Competition Protocol

Norwegian Weightlifting Federation

Competition: **Nordic Senior Championships**

Organizer: **Vigrestad IK**

Place: **Vigrestadhallen**

Date: **12.10.19**

Group: **5**

Weight category	Body weight	Category	Birth date	St no	Name	Team	Snatch			Clean & Jerk			Best attempt in each event		Total	Points	Pl.	Rec.
							1	2	3	1	2	3						
71	70,06	YW	15.10.02		ÞORARINSDOTTIR Birta Lif	ISL	<u>74</u>	<u>78</u>	81	<u>93</u>	<u>97</u>	<u>98</u>	78	93	171	210,93	7	
71	68,23	SW	19.09.93		NURMI Nelli	FIN	<u>75</u>	78	<u>78</u>	<u>93</u>	<u>97</u>	100	78	97	175	218,99	6	
71	70,90	SW	03.12.93		PEDERSEN Mette	DEN	80	<u>80</u>	84	<u>93</u>	<u>97</u>	<u>98</u>	80	98	178	218,18	5	
71	68,92	SW	20.12.94		VIGILD Nanna	DEN	<u>75</u>	<u>78</u>	<u>81</u>	<u>95</u>	<u>98</u>	101	81	98	179	222,77	4	
71	64,67	SW	11.05.92		ÅRDALSBAKKE Marit	NOR	<u>85</u>	<u>88</u>	<u>90</u>	<u>100</u>	104	104	88	100	188	242,57	3	
71	70,66	SW	20.08.93		ÅKERLUND Ida	SWE	<u>83</u>	<u>86</u>	<u>89</u>	<u>103</u>	110	111	89	103	192	235,77	1	
71	70,87	SW	01.01.89		SCHANKE Melissa	NOR	86	<u>86</u>	<u>90</u>	100	<u>100</u>	<u>103</u>	86	103	189	231,72	2	
76	73,14	SW	10.03.95		DEHLI Sofie	DEN	<u>80</u>	<u>84</u>	87	<u>100</u>	105	<u>105</u>	84	105	189	227,98	2	
76	75,63	SW	23.11.89		STRENIUS Patricia	SWE	<u>98</u>	<u>103</u>	<u>105</u>	<u>127</u>	<u>133</u>	-	105	133	238	282,38	1	xxx
87	86,14	SW	02.05.88		JUNHOV-RINDBERG Paula	SWE	<u>92</u>	<u>96</u>	<u>98</u>	<u>111</u>	<u>114</u>	<u>116</u>	96	116	212	237,59	1	
87	86,95	SW	10.11.92		KALLAND Lone	NOR	<u>87</u>	90	92	105	<u>105</u>	109	87	105	192	214,39	3	
87	86,80	SW	03.01.86		VENNEKILDE Marie Louise	DEN	<u>91</u>	<u>95</u>	100	<u>113</u>	<u>116</u>	118	95	116	211	235,77	2	
													0	0	0			
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Competition lead:

Jury members: Benny Johansson, Sweden, Cat 1, Pres
Dorthe Lauridsen, Denmark, Cat 1
Trond Kvilhaug, Norway, Cat 1

Secretary: Arne H. Pedersen, Norway

Speaker: Tina Beiter, Denmark, Cat 1

Referees:

- 1 Lárus Páll Pálsson, Iceland, Cat 1
- 2 Hilde Næss, Norway, Cat 2
- 3 Heikki Rautapuro, Finland, Cat 1

Technical Controller:

Elisabeth Hagman, Sweden, Cat 1

Chief Marshall:

Larisa Izumrudova, Norway, Cat 1 - Aron Süßmann, Norway, Nat

Timekeeper:

Tor Steinar Herikstad, Norway, Cat 2 - Erling Langtved, Denmark, Cat 1

Record description:

Patricia Strenius, 76 kg: Nordic Record Snatch 103 kg, 105 kg, Clean & Jerk 133 kg, Total 238 kg



Competition Protocol

Norwegian Weightlifting Federation

Competition: **Nordic Senior Championships**

Organizer: **Vigrestad IK**

Place: **Vigrestadhallen**

Date: **13.10.19**

Group: **6**

Weight category	Body weight	Category	Birth date	St no	Name	Team	Snatch			Clean & Jerk			Best attempt in each event		Total	Points	Pl.	Rec.
							1	2	3	1	2	3						
96	90,24	SM	13.10.92		RETULAINEN Eero	FIN	<u>140</u>	<u>144</u>	147	<u>180</u>	189	189	144	180	324	374,37	1	
96	94,44	SM	25.04.95		REZAZADEH Rebin	FIN	<u>120</u>	123	124	-	-	-	120	0	0	0,00		
96	91,94	SM	29.03.95		VILAGI Christopher	SWE	<u>130</u>	<u>135</u>	<u>140</u>	<u>155</u>	<u>160</u>	<u>165</u>	140	165	305	349,61	2	
96	91,77	SM	27.12.93		OMMEDAL Roy Sømme	NOR	<u>115</u>	<u>120</u>	<u>124</u>	<u>145</u>	<u>152</u>	<u>159</u>	124	159	283	324,65	3	
102	99,00	SM	26.06.93		DARVILLE Simon	DEN	<u>135</u>	140	<u>140</u>	<u>160</u>	<u>170</u>	-	140	170	310	345,03	1	
102	100,72	SM	24.08.97		THOMSEN Ole	DEN	<u>126</u>	<u>132</u>	137	<u>160</u>	<u>169</u>	179	132	169	301	332,89	2	
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Competition lead:

Jury members: Benny Johansson, Sweden, Cat 1, Pres
Dorthe Lauridsen, Denmark, Cat 1
Trond Kvilhaug, Norway, Cat 1

Secretary: Arne H. Pedersen, Norway

Speaker: Tina Beiter, Denmark, Cat 1

Referees:

- 1 Elisabeth Hagman, Sweden, Cat 1
- 2 Lárus Páll Pálsson, Iceland, Cat 1
- 3 Hilde Næss, Norway, Cat 2

Technical Controller:

Erling Langtved, Denmark, Cat 1

Chief Marshall:

Larisa Izumrudova, Norway, Cat 1 - Aron Süßmann, Norway, Nat

Timekeeper:

Arne Grostad, Norway, Cat 2

Record description:



Competition Protocol

Norwegian Weightlifting Federation

Competition: **Nordic Senior Championships**

Organizer: **Vigrestad IK**

Place: **Vigrestadhallen**

Date: **13.10.19**

Group: **7**

Weight category	Body weight	Category	Birth date	St no	Name	Team	Snatch			Clean & Jerk			Best attempt in each event		Total	Points	Pl.	Rec.
							1	2	3	1	2	3						
109	106,78	SM	13.11.92		HREINSSON Bjarmi	ISL	<u>136</u>	140	143	<u>156</u>	164	164	136	156	292	316,52	4	
109	106,15	SM	15.10.92		KJELLEVAND Jørgen	NOR	<u>123</u>	<u>129</u>	134	<u>155</u>	<u>161</u>	<u>164</u>	129	164	293	318,22	3	
109	105,89	SM	27.07.94		HEIKKINEN Jani Petteri	FIN	<u>138</u>	<u>143</u>	146	-	-	-	143	0	0	0,00		
109	107,39	SM	10.11.96		KESKITALO Hannes Heikki Juhni	FIN	<u>145</u>	<u>150</u>	154	<u>180</u>	<u>190</u>	<u>195</u>	150	195	345	373,29	2	
109	109,00	SM	15.09.88		ÅGREN Stefan Wilhelm Mauritz	SWE	<u>150</u>	155	155	<u>185</u>	191	<u>196</u>	150	196	346	372,61	1	
+109	128,22	SM	12.05.93		LINDFORS Petri Mikael	FIN	<u>138</u>	<u>141</u>	<u>145</u>	<u>172</u>	180	<u>180</u>	145	180	325	335,63	3	
+109	145,06	SM	23.04.92		LITHÉN Carl Hampus	SWE	<u>150</u>	156	156	<u>190</u>	203	204	150	190	340	344,05	2	
+109	118,46	JM	19.06.01		HOLME Ragnar	NOR	<u>130</u>	<u>135</u>	140	<u>160</u>	<u>165</u>	<u>170</u>	135	170	305	320,79	4	
+109	121,94	SM	24.12.89		TOLLEFSEN Kim Eirik	NOR	<u>155</u>	<u>159</u>	<u>163</u>	<u>197</u>	<u>203</u>	207	163	203	366	382,20	1	
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													0	0	0			

Competition lead:

Jury members: Benny Johansson, Sweden, Cat 1, Pres
Dorthe Lauridsen, Denmark, Cat 1
Trond Kvilhaug, Norway, Cat 1

Secretary: Arne H. Pedersen, Norway

Speaker: Tina Beiter, Denmark, Cat 1

Referees:

- 1 Lárus Páll Pálsson, Iceland, Cat 1
- 2 Elisabeth Hagman, Sweden, Cat 1
- 3 Tor Steinar Herikstad, Norway, Cat 2

Technical Controller:

Arne Grostad, Norway, Cat 2

Chief Marshall:

Larisa Izumrudova, Norway, Cat 1 - Tord Gravdal, Norway, Nat

Timekeeper:

Erling Langtved, Denmark, Cat 1

Record description:

Results Nordic Senior Championships

Vigrestad IK Vigrestadhallen 12.10.19



55 kg Women

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	ØVSTHUS Sarah Orteza Hovden	20.03.94	NOR	54,54	82	98	180	259,31
2	JENSEN Sandra	05.02.94	DEN	54,69	74	90	164	235,80
3	BOGE Tiril	05.02.00	NOR	54,41	65	81	146	210,68
4	NIEMELÄ Anna	27.06.90	FIN	51,93	64	76	140	208,95
	VIHANTOLA Emilia	05.07.85	FIN	54,82				

59 kg Women

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	WAALER Sol Anette	14.08.92	NOR	58,70	81	103	184	252,15
2	HELGADOTTIR Þuridur Erla	30.07.91	ISL	58,85	79	103	182	248,99
3	JACOBSEN Rebekka Tao	12.09.96	NOR	56,22	78	102	180	253,90
4	BRUHN Katrine	29.12.91	DEN	56,25	76	100	176	248,17
5	BERGLUND Donna	28.11.97	SWE	58,81	68	90	158	216,25
6	LAINNE Eveliina	25.09.91	FIN	58,77	65	85	150	205,39
	LØVIND Amalie Årsten	25.04.94	DEN	58,51				

64 kg Women

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	POULSEN Amanda	19.12.92	DEN	61,95	87	103	190	251,59
2	ADOLFSSON Jenny	18.05.82	SWE	62,18	82	101	183	241,77
3	GRYTHE Marie Mossige	02.02.84	NOR	63,59	77	103	180	234,58
4	SØGAARD Mille	04.04.94	DEN	62,24	76	95	171	225,78
5	RICHTER Lena Amalie	06.03.95	NOR	63,34	75	92	167	218,16
6	SIGURDARDOTTIR Amalia Osk	02.08.97	ISL	62,64	73	93	166	218,32
7	KOSKINEN Essi	07.12.89	FIN	62,34	71	91	162	213,69
8	PARJANEN Tytti	18.09.85	FIN	63,21	68	85	153	200,12
	ARADOTTIR Inga	03.02.95	ISL	62,18	75			

71 kg Women

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	ÅKERLUND Ida	20.08.93	SWE	70,66	89	103	192	235,77
2	SCHANKE Melissa	01.01.89	NOR	70,87	86	103	189	231,72
3	ÅRDALSBASSE Marit	11.05.92	NOR	64,67	88	100	188	242,57
4	VIGILD Nanna	20.12.94	DEN	68,92	81	98	179	222,77
5	PEDERSEN Mette	03.12.93	DEN	70,90	80	98	178	218,18
6	NURMI Nelli	19.09.93	FIN	68,23	78	97	175	218,99
7	ÞORARINSDOTTIR Birta Lif	15.10.02	ISL	70,06	78	93	171	210,93

76 kg Women

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	STRENIUS Patricia	23.11.89	SWE	75,63	105	133	238	282,38
2	DEHLI Sofie	10.03.95	DEN	73,14	84	105	189	227,98

87 kg Women

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	JUNHOV-RINDBERG Paula	02.05.88	SWE	86,14	96	116	212	237,59
2	VENNEKILDE Marie Louise	03.01.86	DEN	86,80	95	116	211	235,77
3	KALLAND Lone	10.11.92	NOR	86,95	87	105	192	214,39

Team Competition Women

1	Norway	41	points (Team)
2	Denmark	33	points (Team)
3	Sweden	28	points (Team)
4	Iceland	6	points (Team)
5	Finland	5	points (Team)

113

61 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	SHI Jesse	02.05.94	SWE	60,02	90	115	205	298,57

67 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	DALEN Bendik Drangsholt	23.02.98	NOR	56,96	95	117	212	320,58

73 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	KRING Tim	16.09.90	DEN	72,81	137	170	307	395,30
2	RONESS Daniel Strømsborg	14.04.91	NOR	72,52	115	156	271	349,75
3	JONSSON Einar Ingi	15.02.96	ISL	71,56	114	145	259	336,86
4	BALDURSSON Arni Runar	15.07.95	ISL	72,68	117	135	252	324,81
5	KAIKKONEN Henri	13.10.93	FIN	72,94	110	141	251	322,86
6	LINTULAAKSO Akseli	21.10.92	FIN	72,99	105	133	238	306,02

81 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	ALAM Omed	20.05.99	DEN	80,00	135	155	290	354,77
2	HARTIKAINEN Iiro	21.06.78	FIN	80,82	121	145	266	323,72
3	ROBERTSSON Daniel	02.10.91	ISL	79,53	115	140	255	312,90
4	BENEROUZ Reza	24.09.94	NOR	79,14	111	140	251	308,77

89 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	NYKÄNEN Jesse	06.02.96	FIN	88,23	143	171	314	366,45
2	OLSEN Mats	19.07.95	NOR	86,63	126	168	294	345,98
3	PÅLSSON Jan-Philip	23.05.93	SWE	88,97	130	154	284	330,20
4	ORN Birkir	17.01.95	ISL	82,16	115	155	270	325,89

96 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	RETULAINEN Eero	13.10.92	FIN	90,24	144	180	324	374,37
2	VILAGI Christopher	29.03.95	SWE	91,94	140	165	305	349,61
3	OMMEDAL Roy Sømme	27.12.93	NOR	91,77	124	159	283	324,65
	REZAZADEH Rebin	25.04.95	FIN	94,44	120			

102 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	DARVILLE Simon	26.06.93	DEN	99,00	140	170	310	345,03
2	THOMSEN Ole	24.08.97	DEN	100,72	132	169	301	332,89

109 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	ÅGREN Stefan Wilhelm Mauritz	15.09.88	SWE	109,00	150	196	346	372,61
2	KESKITALO Hannes Heikki Juhni	10.11.96	FIN	107,39	150	195	345	373,29
3	KJELLEVAND Jørgen	15.10.92	NOR	106,15	129	164	293	318,22
4	HREINSSON Bjarmi	13.11.92	ISL	106,78	136	156	292	316,52
	HEIKKINEN Jani Petteri	27.07.94	FIN	105,89	143			

+109 kg Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	TOLLEFSEN Kim Eirik	24.12.89	NOR	121,94	163	203	366	382,20
2	LITHÉN Carl Hampus	23.04.92	SWE	145,06	150	190	340	344,05
3	LINDFORS Petri Mikael	12.05.93	FIN	128,22	145	180	325	335,63
4	HOLME Ragnar	19.06.01	NOR	118,46	135	170	305	320,79

Team Competition Men

1	Norway	38	points (Team)
2	Finland	31	points (Team)
3	Sweden	28	points (Team)
4	Denmark	26	points (Team)
5	Iceland	17	points (Team)

Results Nordic Senior Championships - Ranking

Vigrestad IK Vigrestadhallen 12.10.19



Women

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
1	STRENIUS Patricia	23.11.89	SWE	75,63	105	133	238	282,38
2	ØVSTHUS Sarah Orteza Hovden	20.03.94	NOR	54,54	82	98	180	259,31
3	JACOBSEN Rebekka Tao	12.09.96	NOR	56,22	78	102	180	253,90
4	WAALER Sol Anette	14.08.92	NOR	58,70	81	103	184	252,15
5	POULSEN Amanda	19.12.92	DEN	61,95	87	103	190	251,59
6	HELGADOTTIR Þuridur Erla	30.07.91	ISL	58,85	79	103	182	248,99
7	BRUHN Katrine	29.12.91	DEN	56,25	76	100	176	248,17
8	ÅRDALSBAKKE Marit	11.05.92	NOR	64,67	88	100	188	242,57
9	ADOLFSSON Jenny	18.05.82	SWE	62,18	82	101	183	241,77
10	JUNHOV-RINDBERG Paula	02.05.88	SWE	86,14	96	116	212	237,59
11	JENSEN Sandra	05.02.94	DEN	54,69	74	90	164	235,80
12	VENNEKILDE Marie Louise	03.01.86	DEN	86,80	95	116	211	235,77
13	ÅKERLUND Ida	20.08.93	SWE	70,66	89	103	192	235,77
14	GRYTHE Marie Mossige	02.02.84	NOR	63,59	77	103	180	234,58
15	SCHANKE Melissa	01.01.89	NOR	70,87	86	103	189	231,72
16	DEHLI Sofie	10.03.95	DEN	73,14	84	105	189	227,98
17	SØGAARD Mille	04.04.94	DEN	62,24	76	95	171	225,78
18	VIGILD Nanna	20.12.94	DEN	68,92	81	98	179	222,77
19	NURMI Nelli	19.09.93	FIN	68,23	78	97	175	218,99
20	SIGURDARDOTTIR Amalia Osk	02.08.97	ISL	62,64	73	93	166	218,32
21	PEDERSEN Mette	03.12.93	DEN	70,90	80	98	178	218,18
22	RICHTER Lena Amalie	06.03.95	NOR	63,34	75	92	167	218,16
23	BERGLUND Donna	28.11.97	SWE	58,81	68	90	158	216,25
24	KALLAND Lone	10.11.92	NOR	86,95	87	105	192	214,39
25	KOSKINEN Essi	07.12.89	FIN	62,34	71	91	162	213,69
26	ÞORARINSDOTTIR Birta Lif	15.10.02	ISL	70,06	78	93	171	210,93
27	BOGE Tiril	05.02.00	NOR	54,41	65	81	146	210,68
28	NIEMELÄ Anna	27.06.90	FIN	51,93	64	76	140	208,95
29	LAINNE Eveliina	25.09.91	FIN	58,77	65	85	150	205,39
30	PARJANEN Tytti	18.09.85	FIN	63,21	68	85	153	200,12
	VIHANTOLA Emilia	05.07.85	FIN	54,82				
	LØVIND Amalie Årsten	25.04.94	DEN	58,51				
	ARADOTTIR Inga	03.02.95	ISL	62,18	75			

Men

Rank	Name	Born	Nation	B.Weight	Snatch	Cl.&Jerk	Total	Sinclair
	KRING Tim	16.09.90	DEN	72,81	137	170	307	395,30
	TOLLEFSEN Kim Eirik	24.12.89	NOR	121,94	163	203	366	382,20
	RETULAINEN Eero	13.10.92	FIN	90,24	144	180	324	374,37
	KESKITALO Hannes Heikki Juhni	10.11.96	FIN	107,39	150	195	345	373,29
	ÅGREN Stefan Wilhelm Mauritz	15.09.88	SWE	109,00	150	196	346	372,61
	NYKÄNEN Jesse	06.02.96	FIN	88,23	143	171	314	366,45
	ALAM Omed	20.05.99	DEN	80,00	135	155	290	354,77
	RONES Daniel Strømsborg	14.04.91	NOR	72,52	115	156	271	349,75
	VILAGI Christopher	29.03.95	SWE	91,94	140	165	305	349,61
	OLSEN Mats	19.07.95	NOR	86,63	126	168	294	345,98
	DARVILLE Simon	26.06.93	DEN	99,00	140	170	310	345,03
	LITHÉN Carl Hampus	23.04.92	SWE	145,06	150	190	340	344,05
	JONSSON Einar Ingi	15.02.96	ISL	71,56	114	145	259	336,86
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	PÅLSSON Jan-Philip	23.05.93	SWE	88,97	130	154	284	330,20
	ORN Birkir	17.01.95	ISL	82,16	115	155	270	325,89
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	OMMEDAL Roy Sømme	27.12.93	NOR	91,77	124	159	283	324,65
	HARTIKAINEN Iiro	21.06.78	FIN	80,82	121	145	266	323,72

KAIKKONEN Henri	13.10.93	FIN	72,94	110	141	251	322,86
HOLME Ragnar	19.06.01	NOR	118,46	135	170	305	320,79
DALEN Bendik Drangsholt	23.02.98	NOR	56,96	95	117	212	320,58
KJELLEVAND Jørgen	15.10.92	NOR	106,15	129	164	293	318,22
HREINSSON Bjarmi	13.11.92	ISL	106,78	136	156	292	316,52
ROBERTSSON Daniel	02.10.91	ISL	79,53	115	140	255	312,90
BENEROUZ Reza	24.09.94	NOR	79,14	111	140	251	308,77
LINTULAAKSO Akseli	21.10.92	FIN	72,99	105	133	238	306,02
SHI Jesse	02.05.94	SWE	60,02	90	115	205	298,57
REZAZADEH Rebin	25.04.95	FIN	94,44	120			
HEIKKINEN Jani Petteri	27.07.94	FIN	105,89	143			