

## British International Open Appendix 1 – Schedule and Start List

<h1>British International Open and British Senior Championships 2019</h1>	
<h3>Friday 7 June</h3>	
*Verification of Final Entries meeting	0900
<h3>Evening Session</h3>	
Weigh in: 1330 Start: 1530 Finish: 1645	Group 1 – Women’s 45kg & 49kg 7 Lifters
Weigh in: 1457 Start: 1657 Finish: 1802	Group 2 – Men’s 55kg & 61kg & 67kg 5 Lifters
Weigh in: 1612 Start: 1812 Finish: 2012	Group 3 - Women’s 55kg 12 Lifters
Weigh in: 1824 Start: 2024 Finish: 2214	Group 4 – Men’s 73kg 11 Lifters

\*The Verification of Final Entries meeting is only open to team officials and coaches for athletes competing in the British International Open. It does not apply to lifters who have only entered the British Senior Championships.

# British International Open and British Senior Championships 2019

Saturday 8 June

Morning Session

Weigh in: 0630 Start: 0830 Finish: 1020	Group 5 – Women’s 59kg 11 Lifters
Weigh in: 0832 Start: 1032 Finish: 1212	Group 6 – Men’s 81kg 10 Lifters
Weigh in: 1024 Start: 1224 Finish: 1430	Group 7 – Women’s 64kg 13 Lifters
Weigh in: 1242 Start: 1442 Finish: 1555	Group 8 - Men’s 89kg 7 Lifters
<h2>Evening Session</h2>	
Weigh in: 1500 Start: 1700 Finish: 1820	Group 9 – Women’s 71kg 8 Lifters
Weigh in: 1650 Start: 1832 Finish: 2012	Group 10 – Men’s 96kg 10 Lifters
Weigh in: 1850 Start: 2024 Finish: 2204	Group 11 – Men’s 102kg 10 Lifters

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Sunday 9 June

Weigh in: 0700 Start: 0900 Finish: 1105	Group 12 – Women's 76kg 13 Lifters
Weigh in: 0917 Start: 1117 Finish: 1257	Group 13 – Women's 81kg 10 Lifters
Weigh in: 1109 Start: 1309 Finish: 1500	Group 14 – Men's 109kg 11 Lifters
Weigh in: 1312 Start: 1512 Finish: 1652	Group 15 – Women's 87kg & +87kg 10 Lifters
Weigh in: 1504 Start: 1704 Finish: 1820	Group 16 – Men's +109kg 7 Lifters

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## Men's 55kg Category

Name	Club	Total	BWC	BIO
No entries				

## Men's 61kg Category

Name	Club	Total	BWC	BIO
Daniel Pogmore	Unattached	190	Y	
Steven Cosham	Unattached	190	Y	

## Men's 67kg Category

Name	Club	Total	BWC	BIO
Haroon Siraj	Unattached	257	Y	
Michael Farmer	Unattached	255	Y	
Jaswant Shergill	MSC Performance	251	Y	

## Men's 73kg Category

Name	Club	Total	BWC	BIO
Petr Petrov	Czech Republic	290		Y
Gareth Evans	Unattached	281	Y	Y
Ibrahimli Pasha	Azerbaijan	280		Y
Daniel Stromsborg Roness	Norway	270		Y
Christopher Freebury	Atlas Weightlifting Centre	260	Y	
Jonathan Chin	Bristol Barbell Club	254	Y	
Allan King	Triple X Weightlifting Club	250	Y	
Craig Carfray	Kilmarnock AWC	250	Y	
George Rudge	Unattached	246	Y	
Jacob Finnigan	Essex Weightlifting Club	241	Y	
Rick Confiance	Seychelles	225		Y

## Men's 81kg Category

Name	Club	Total	BWC	BIO
Nurlybek Samenov	Kazakhstan	340		Y
Denis Ulanov	Kazakhstan	340		Y
Jack Oliver	Wisdom 4 Weightlifting	322	Y	Y
Sean Brown	Republic of Ireland	310		Y
Chris Murray	Locker 27	304	Y	Y
Dale Cree	Kilmarnock AWC	276	Y	
Harry Reynolds	CrossFit Iron Duke	274	Y	
Haydn Crook	Adlington Barbell Club	273	Y	
Michael Hunnisett	Oaklands Weightlifters	270	Y	
Christopher Russ	Oxford PowerSports	267	Y	

### Men's 89kg Category

Name	Club	Total	BWC	BIO
Jack Dobson	Leeds City Weightlifting Team	305	Y	
Guy Michel Ngongang Tchiussi	Atlas Weightlifting Centre	305	Y	
Khrystopher Speed	London Olympic Weightlifting Academy	296	Y	
Radoslaw Wroblewski	Forth Valley Weightlifting Club	282	Y	
Greg Stumbles	Unattached	280	Y	
Daniel Siegel	Cardiff Metropolitan University	276	Y	
Edward Smale	Loughborough University Powerlifting and Weightlifting	274	Y	

### Men's 96kg Category

Name	Club	Total	BWC	BIO
Zygimantas Stanulis	Lithuania	360		Y
Kyryl Pyrohov	Ukraine	350		Y
Edmon Avetisyan	Bristol Barbell Club	342	Y	Y
Ilya Ilyin	Kazakhstan	340		Y
Liem Bui-Le	Mem's Weightlifting	290	Y	
Filip Taylor	SYNERGI Weightlifting Club	290	Y	
Joshua Parry	SA1 OLYMPIC LIFTING	288	Y	
Giuseppe Aschettino	GoLift	278	Y	
Ramsey Kechacha	Europa WLC	274	Y	

### Men's 102kg Category

Name	Club	Total	BWC	BIO
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Cyrille Fagat Tchatchet II	Middlesex University Weightlifting	360	Y	
Leho Pent	Estonia	320		Y
Jiri Gasior	Czech Republic	310		Y
Omar Keshta	Brunel University Weightlifting	306	Y	
Kristaps Valdmans	The Leicester Olympic Weightlifting Club	300	Y	
David Harding-Prior	London Olympic Weightlifting Academy	285	Y	
Gary Barker	Unattached	284	Y	
Joe Blacker	Unattached	281	Y	
Benedict Millson	Bounce Gym Weightlifting	280	Y	
Simon Prentice	Locker 27	279	Y	

### Men's 109kg Category

Name	Club	Total	BWC	BIO
Dmytro Chumak	Ukraine	370		Y
Arnas Sidiskis	Lithuania	350		Y
Owen Boxall	Europa WLC	345	Y	Y
Hannes Keskitalo	Finland	337		Y
Jordan Sakkas	Unattached	326	Y	
Patrik Krywult	Czech Republic	320		Y
Seamus O'Conchubhair	Republic of Ireland	305		Y
Christopher Palser-Thorne	Unattached	304	Y	
Callum Downie	Team Cavanagh	290	Y	
Daniel O'Hare	Go Lift	286	Y	
Rhodri West	SA1 OLYMPIC LIFTING	283	Y	

### Men's +109kg Category

Name	Club	Total	BWC	BIO
Mart Seim	Estonia	400		Y
Kamil Kucera	Czech Republic	380		Y
Jiri Orsag	Czech Republic	380		Y
Enzo Kofi Kuworge	Netherlands	380		Y
Daniel Babatunde	Unattached	303	Y	
Mackenzie Middleton	Adlington Barbell Club	300	Y	
Jordan Vine	Pegasus Weightlifting	292	Y	

### Women's 45kg Category

Rank	Name	Club	Total	BWC	BIO
	No entries				

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### Women's 49kg Category

Name	Club	Total	BWC	BIO
Rong Zhang	China	205		Y
Kelly-Jo Robson	Atlas Weightlifting Centre	153	Y	Y
Noorin Gulam	BU Weightlifting	147	Y	
Hannah Powell	Unattached	147	Y	Y
Lisa Tobias	Unattached	143	Y	
Natalie Cashmore	Summit Strength	132	Y	
Cathy-Ann Myers	Scarborough Weightlifting Club	127	Y	

### Women's 55kg Category

Name	Club	Total	BWC	BIO
Elena Ramona Andries	Romania	200		Y
Jessica Marie Saxon	United States of America	186		Y
Fraer Morrow	Loughborough University Powerlifting and Weightlifting	182	Y	Y
Sarah Orteza Hovden				
Ovsthus	Norway	180		Y
Amy Williams	Wisdom 4 Weightlifting	173	Y	Y
Catrin Jones	Unattached	168	Y	
Jess Gordon-Brown	Brunel University Weightlifting	163	Y	
Sofia Rito	Uruguay	160		Y
Aurelia Liu	Unattached	154	Y	
Ellie Pryor	Breeze's Weightlifting Academy	151	Y	
Jane Lee-Isted	Unattached	149	Y	
Leonora Brajshori	Loughborough University Powerlifting and Weightlifting	144	Y	

### Women's 59kg Category

Name	Club	Total	BWC	BIO
Sara Elizabeth McLendon	United States of America	200		Y
Sol Anette Waaler	Norway	195		Y
Olivia Blatch	Europa WLC	182	Y	Y
Hannah Beaumont	Triple X Weightlifting Club	175	Y	
Juliette Chang-Fane	Cardiff Metropolitan University	174	Y	
Jennifer Tong	Hallam Barbell	174	Y	Y
Laura Hollobon	Decennia Weightlifting	171	Y	
Amber Sheppard	Crystal Palace Weightlifting Club	170	Y	
Nikki Hamilton	Kilwinning Olympic Weightlifting Club	168	Y	
Rosemary McDonald	Cube Weightlifting Academy	158	Y	
Scheila Meister	Switzerland	155		Y

## Women's 64kg Category

Name	Club	Total	BWC	BIO
Ting Huang	China	230		Y
Zoe Smith	Europa WLC	224	Y	Y
Sarah Davies	Europa WLC	223	Y	Y
Kristin Pope	United States of America	199		Y
Marianne Saarhelo	Finland	191		Y
Jade Hill	Locker 27	184	Y	
Mona Pretorius	South Africa	175		Y
Hadeel Al Sedi	Iraq	170		Y
Sonja Hartio	Northumbria University Olympic Weightlifting Club	166	Y	
Jodey Hughes	CrossFit East Kilbride	166	Y	
Chloe Briggs	SA1 OLYMPIC LIFTING	162	Y	
Neza Ribaric	Unattached	159	Y	
Madeleine Harris	Aylesbury Weightlifting Club	158	Y	

## Women's 71kg Category

NQT: 162kg

Name	Club	Total	BWC	BIO
Loredana Elena Toma	Romania	240		Y
Sally Bennett	Unattached	193	Y	Y
Faye Pittman	SYNERGI Weightlifting Club	187	Y	
Lauren Burley	Unattached	179	Y	
Enlli Jones	Unattached	176	Y	
Holly Knowles	Unattached	176	Y	
Katey Byrd	Locker 27	175	Y	
Deborah Alawode	Stars for the Future	173	Y	

## Women's 76kg Category

NQT: 165kg

Name	Club	Total	BWC	BIO
Yue Kang	China	250		Y
Xiaoqiong Su	China	250		Y
Tayla Howe	Unattached	208	Y	Y
Taylor Jordon Harris	United States of America	207		Y
Nora Jaggi	Switzerland	205		Y
Simona Hertlova	Czech Republic	190		Y
Emma Collins-Jones	Oaklands Weightlifters	178	Y	
Chloe Cassar	Crystal Palace Weightlifting Club	177	Y	
Sarah Wiltshire	Locker 27	173	Y	
Laura Parker	Essex Weightlifting Club	171	Y	



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Nicola Stiddard	London Olympic Weightlifting Academy	169	Y
Jasmine Isoyama	Complete Performance	168	Y
Kirsty Turner	Essex Weightlifting Club	165	Y

### Women's 81kg Category

NQT: 170kg

Name	Club	Total	BWC	BIO
Briana Sfamurri	United State of America	215		Y
Phoebe Hoi-Kay Ng	United State of America	204		Y
Michaela Sklenickova	Czech Republic	190		Y
Rayen Cupid	Saint Vincent & the Grenadines	187	Y	Y
Charlotte Weatherall-Smith	Atlas Weightlifting Centre	178	Y	
Melanie Chlond	Sportesse PT Lifters	177	Y	
Ellis Brotherton	NW1 Strength	170	Y	
Chloe Whyllie	London Olympic Weightlifting Academy	170	Y	
Lauren Miller	Unattached	170	Y	
Amy Johnson	CrossFit Southampton	170	Y	

### Women's 87kg Category

NQT: 175kg

Name	Club	Total	BWC	BIO
Hui Ao	China	260		Y
Weipeng Jia	China	250		Y
Juliana Rose Riotto	United States of America	234		Y
Anna Venbellinghen	Belgium	225		Y
Jessica Silva	London Olympic Weightlifting Academy	180	Y	

### Women's +87kg Category

NQT: 181kg

Name	Club	Total	BWC	BIO
Emily Campbell	Atlas Weightlifting Centre	260	Y	Y
Mercy Brown	TSN Strength	226	Y	Y
Xiaoman Zhou	China	215		Y
Tereza Kralova	Czech Republic	181		Y
Claire McLarnon	Asylum Weightlifting Club	181	Y	

BWC: Y denotes the lifter will compete in the British Senior Championships

BIO: Y denotes the lifter will compete in the British International Open

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To compete in both competition lifters must have completed the entry process and met the required criteria for both competitions.