



**2019 EUROPEAN MASTERS  
WEIGHTLIFTING CHAMPIONSHIP  
Rovaniemi, Finland  
12th - 19th June 2019**



**Technical Meeting 1800 hrs Tues. 11/06/2019**

	Weigh-in	Start Time	No. of Lifters	Age Group	B/W Cat.	Session
<b>Wednesday</b> 12/06/2019	0730	0930	12	M80	All	1
↓	0945	1145	13	M75	55-81kg	2
↓	<b>Opening Ceremony 1415 - 1515</b>					↓
↓						↓
↓	1345	1545	10	M75	89 - +109kg	3
↓	1545	1745	6	W70 - W65	All	4
↓	1700	1900	13	M70	55 - 81kg	5
			<b>55</b>			
<b>Thursday</b> 13/06/2019	0700	0900	12	M70	89 - +109kg	6
	0915	1115	16	M65	55 - 73kg	7
↓	1215	1415	11	M65	81 - 89kg	8
↓	1430	1630	11	M65	96 - +109kg	9
↓	1645	1845	15	W60	All	10
			<b>65</b>			
<b>Friday</b>	0700	0900	17	M60	55 - 73kg	11
	0915	1115	21	M60	81 - +109kg	12
<b>14/06/2019</b>	1300	1500	11	W55	All	13
↓	1515	1715	17	M55	55 - 81kg	14
			<b>66</b>			
<b>Saturday</b>	0600	0800	20	M55	89 - +109kg	15
	0930	1130	12	W50	All	16
<b>15/06/2019</b>	1145	1345	11	M50	61 - 73kg	17
↓	1400	1600	14	M50	81 - 89kg	18
			<b>57</b>			
<b>Saturday 15th June 2019 Congress of Nations 1900 hours</b>						
<b>Sunday</b> 16/06/2019	0600	0800	14	M50	96 - +109kg	19
	0845	1045	12	W45	45 - 64kg	20
↓	1100	1300	19	M45	55 81kg	21
↓	1415	1615	11	W45	71 - +87kg	22
↓	1630	1830	16	M45	89 - 96kg	23

			<b>72</b>			
<i>Monday</i>	0630	0830	16	M45	102 - +109kg	24
17/06/2019	0930	1130	18	W40	45 - 64kg	25
↓	1230	1430	14	M40	55 - 81kg	26
↓	1515	1715	18	W40	71 - +87kg	27
			<b>66</b>			
<i>Tuesday</i>	0630	0830	21	M40	89 - +109kg	28
18/06/2019	1000	1200	18	W35	45 - 59kg	29
	1315	1515	16	M35	55 - 81kg	30
			<b>55</b>			
<i>Wednesday</i>	0630	0830	15	W35	64 - 71kg	31
19/06/2019	915	1115	19	M35	89 - 96kg	32
↓	1230	1430	9	W35	76 - +87kg	33
↓	1430	1630	10	M35	102 - +109kg	34
			<b>53</b>			
<b>Total entries</b>			<b>489</b>			
<b>CLOSING BANQUET TIME AND LOCATION TO BE ANOUNCED</b>						

**END**

1130  
1415

1730  
1845  
2130

1100  
1400  
1615  
1830  
2115

1145  
1445  
1700  
2000

1115  
1330  
1545  
1830

1030  
1245  
1600  
1815  
2045

1115  
1415  
1700  
2000

1145  
1500  
1800

1100  
1415  
1615  
1815