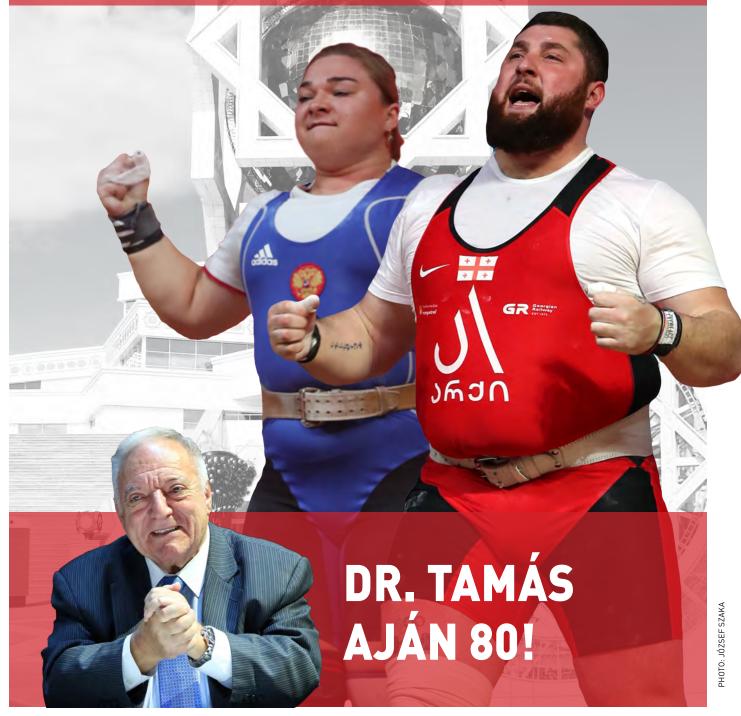
WORLD No.146 USE CONTRACTOR OF INTERNATIONAL WEIGHTLIFTING FEDERATION

TATIANA KASHIRINA AND LASHA TALAKHADZE





2018 IWF WWC ASHGABAT SPECIAL EDITION

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FOREWORD

Dear Friends,

s an exception that – according to the proverb – proves the rule, this time we have not shared the secret with Tamás Aján, President of the Editorial Board of **WORLD WEIGHTLIFTING**, that the current issue of the magazine due to appear in January 2019 would feature a FOREWORD by authors other than the IWF President. We had good reason to stray from custom: Dr. Ajan's "round" anniversary: his 80th birthday! Let us, therefore, as Editor-in-Chief and Senior Editor of the magazine, address you – and the President – in this Foreword.

Our President was born on 12th January 1939 in Szamosújvár, Transylvania and moved to Budapest with

his family as a child. He studied in the Hungarian capital where his career as a renowned sports diplomat was to unfold. Besides holding senior positions in Hungary's sports governance, he played an increasingly important role in the Hungarian Olympic Committee, and climbed the ladder internationally. As a pinnacle of his career, he got elected as President of the IWF and became a Member of the International Olympic Committee. Currently, he is Honorary Member of the IOC and President of the IWF since 8th December 2000, when – after spending 24 years in the General Secretary's chair – the Congress in Athens elected him to this position. Dr. Aján was voted again as President in 2005, 2009, 2013 and, most recently, at the end of May 2017, the delegates thereby casting their ballots for continuity and stability.

However, it would be pointless to list the milestones of his career, or go into details on his sports-diplomatic achievements as these are largely known to our Readers. Likewise the honours he has been conferred upon, of which the most precious would probably be the Olympic Order, as well as those decorations awarded for his services by several countries which are the highest obtainable by foreign citizens.

At the same time, we should not forget that this career is not over yet! This jubilee is merely an opportunity to make a momentary stop, to look around and for us to greet the President. As Editor-in-Chief of **WORLD WEIGHTLIFTING** and his friend for many years, may I wish many more years together, in strong health and full energy!

> KORNÉL JANCSÓ EDITOR-IN-CHIEF



hen in 1976, Tamás Aján made a breakthrough in the international sports by being unexpectedly elected as General Secretary of an Olympic International Federation, what is more, coming from (and living in) a "Communist Block" country, no-one suspected that his splendid career would run well into the 21st Century and his path would touch all the major landmarks the world of sports could offer. Joining the IWF as his assistant at that initial, ground-breaking point when he had to create the fundaments of a world-wide organisation from scratch in a strange and atypical environment, little did we know of the complexity or the magnitude of the task ahead. But this small tandem started to work hard as enthusiastic pioneers and the Secretariat began to grow parallel with the undertakings and the workload... Suffice to say: look at the IWF today! The status, the top-ranked governance, professional management, the wide respect that our Federation

enjoys today is to be thanked to nobody else but one person: Dr. Tamás Aján!

Instead of boring you with further data or information on his accomplishments at the helm of the IWF (amply described in CVs and eulogies), let me now recall our association confined to the IWF's magazine. Similarly to other fields of Federation administration and management, Dr. Aján was determined to bring even its publications to the next level. Soon enough, in 1980 he found a partner to this goal: our first Editor-in-Chief, Jenő Boskovics. I was – and have remained to date – the other member of the "Team".

In 1981 the first 2 issues of the magazine under the name **WORLD WEIGHTLIFTING** were published; from 1982 issued quarterly. Since Jenő's death in 2010 we have carried on this mission with Kornél – today in a



profoundly changed media environment and enjoying the advantages of digital age – but with unchanged commitment. Like our President of the Editorial Board, we believe that the magazine is a chronicle of the history of weightlifting and of the IWF. Thank you, Dr. Aján, for letting the tradition survive for 49 years! And long live the President – Happy 80th Birthday!

> ANIKÓ NÉMETH-MÓRA SENIOR EDITOR

> 2018 IWF WORLD CHAMPIONSHIPS - ASHGABAT TEXT: KORNÉL JANCSÓ

PHOTO: JÓZSEF SZAKA

OUTSTANDING ORGANIZATION, HUGE TURNOUTS, WORLD RECORDS ABOUND, DÉBUT OF 20 CATEGORIES

o doubt about it: on 1st November 2018, a new calendar opened in international weightlifting. IWF President, **Dr. Tamás Aján** had good reason calling 2018 a Year of Turning Points, as the sport was facing and tackling major challenges while introducing significant changes culminating at the highlight of the year, the World Championships in Turkmenistan.

Heading to Turkmenistan, the world's weightlifting élite was about to discover "terra incognita", i.e. unknown land. Indeed, not too much was to be known about this mysterious country and its capital, Ashgabat. But what awaited the visitors eventually amazed and dazzled everyone. Superb venues, state-of-the-art facilities, glittering lights, lavish accommodation, spectacular setting and full comfort was provided by the Turkmen hosts who acted under the keen eyes of Turkmenistan's Esteemed President Gurbanguly Berdimuhamedow. Minister of Sport and Youth Policy, Dayanch Gurgeldiyev, President of the Turkmenistan Weightlifting Federation Berdinyyaz Myatiyev and the entire - vast - staff, along with hundreds of volunteers, have to be thanked and congratulated on giving us one of the best organized Championships in history.

Among the new features awaiting the field of strong men and strong women from all over the world in Ashgabat was the return of "The Nine", the countries representing the first ranks of weightlifting and who had just served their one-year ban for producing the bulk of ADRVs at two earlier Olympic Games.

Another novelty on the platform in the Turkmen capital was the new roster of bodyweight categories: ten by gender replacing the former 8+8 structure. The category limits were changed after two decades, thus the filing of old categories in the archives at the same time opened up the chance for new records. To that end, sets of so-called World Standards were created for the new categories in seniors, juniors and youth ready to be surpassed by aspirants in Ashgabat. New categories, new standards: these were put to a test at the World Championships, and with what outcome: you may read more in detail on the following pages in this Special Edition. Enough said here: new world records and record holders were thriving with only a few Standards surviving the attacks. Logically, any lift exceeding the World Standard by a minimum of one kilo was registered as a World Record with the name of the creator featuring in the log.



IWF President and General Secretary with Turkmenistan's Minister of Sport and Youth Policy Dayanch Gurgeldiyev and TWF President Berdinyyaz Myatiyev



The IWF Congress witnessed the initiation of Salim Ssenkungu Musoke of Ugand

>2018 IWF WORLD CHAMPIONSHIPS - ASHGABAT

third factor marking 2018 as the Year of Turning Points was the launch of the brand new Olympic Qualification process stretching to the 2020 Tokyo Olympics of which the first milestone was the 2018 IWF WWC. As opposed to former Qualifications, the running qualification system is individually-based, meaning that lifters may collect points for themselves – not for their countries - at a wide range of qualification events of which they must attend a minimum of 3x2=6 during the qualification period.

The World Championships – actually 27th for women and 84th for men – promised to break all participation records with 88 nations wishing to send their competitors to Ashgabat. However, following the verification of final entries and, more effectively, the strict check-up by the IWF of the whereabouts submission requirements, the final number of nations present became 86. That allowed the previous record from 2011 Paris to survive (87 countries). The Ashgabat turnout counted altogether 582 athletes also less than the peak number of 626 competitors at the 1999 World Championships in Athens. Jumping from the beginning to the end: by the closing day of the World Championships a total of 19 countries in women and 23 nations in men registered medal winners. In both genders China was supreme taking most medals: their women winning 11 gold, 12 silver and 5 bronze medals, and their men 9, 11 and 5 medals.

ASHGABAI 20



a into the Weightlifting Hall of Fame



IWF Media Best Lifters Tatiana Kashirina, RUS and Lasha Talakhadze, GEO with Dr. Aján and our Editor-in-Chief

ASHGABAT 2018 IWF WORLD CHAMPIONSHIPS

The next best nation among women was Thailand (9, 2, 5) with Russia finishing in third position (3, 0, 0) and the rest of countries taking a minimum of one gold medal were: PRK (2, 4, 3), TPE (2, 1, 0), ESP (2, 0, 1) and BLR (1, 1, 1).

In the men's Championships Iran was the second best with 5, 1, 2 medals followed by Georgia (3, 0, 2). Further nations earning at least one gold: INA (3, 0, 0), PRK (3, 0, 0), ARM (2, 5, 0), RUS (2, 0, 1), UZB (1, 1, 3), EGY (1, 1, 1) and CHI (1, 0, 0).

Read details on the following pages!



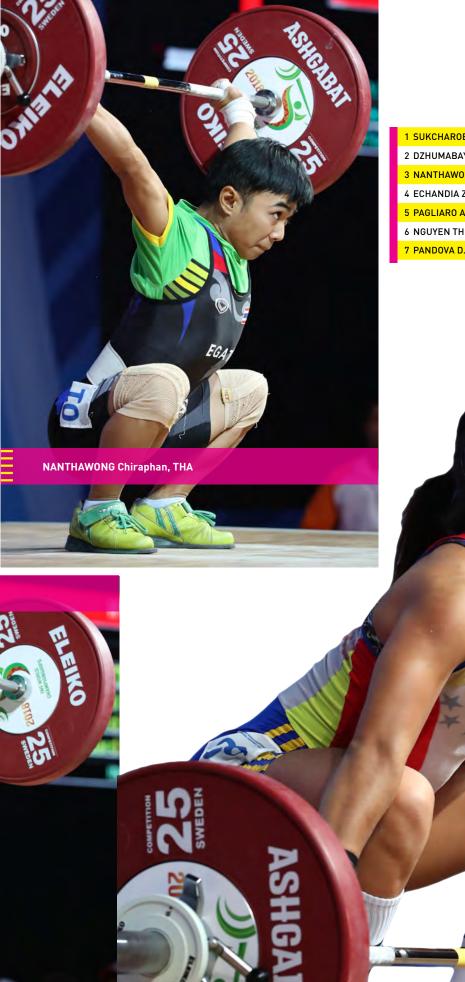
45KG – 6 OF THE 9 MEDALS WENT TO THAILAND

SUKCHAROEN THUNYA, THA "My father didn't want me to lose 5kg. He was worried about me but I had my mind set on the goal. It was hard but worth all the suffering."



ot quite unusually, success for Thailand marked the opening of the women's competitions at the World Championships in Turkmenistan. Among the lightest, i.e. the up to 45kg, the first in the new categories' roster, former two-times junior world champion (last year's 2nd) SUKCHAROEN **Thunya** became victorious, collecting the three gold medals at hand. Her current medal tally counts four, because she had won gold in snatch at the 2017 WWC in 48kg. One of the silver medals also went to Thailand: junior world champion **NANTHAWONG** Chiraphan earned it for her performance in snatch, adding to two bronzes. Amongst the great celebration of the local audiences, DZHUMABAYEVA Yulduz, Turkmenistan's young (20) favourite was able to take over three medals including two silvers and one bronze.





| 1 SUKCHAROEN THUNYA* | 21.04.1997 | THA | 44.77 | 80 | 106 | 186 |
|-------------------------|------------|-----|-------|----|-----|------------------|
| 2 DZHUMABAYEVA YULDUZ | 22.04.1998 | ткм | 44.90 | 75 | 104 | 179 |
| 3 NANTHAWONG CHIRAPHAN | 17.08.1999 | THA | 44.47 | 76 | 95 | 171 |
| 4 ECHANDIA Z. K. ORIANA | 14.08.2001 | VEN | 44.97 | 67 | 90 | 157 |
| 5 PAGLIARO ALESSANDRA | 16.07.1997 | ITA | 43.22 | 70 | 86 | <mark>156</mark> |
| 6 NGUYEN THI THU TRANG | 03.06.2003 | VIE | 44.93 | 70 | 81 | 151 |
| 7 PANDOVA D. IVANOVA | 16.09.1994 | BUL | 45.00 | 60 | 81 | 141 |

ASHEAR

CISTIES OF

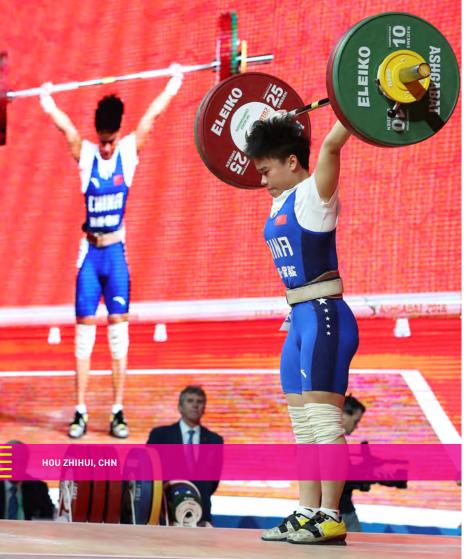
ECHANDIA ZARATE Katherin Oriana, VEN



>2018 IWF WORLD CHAMPIONSHIPS - ASHGABAT - WOMEN

49KG – TWO SENIOR RECORDS, SEVEN FOR JUNIORS

cascade of world records burst out on Day #3 in Ashgabat with the contestants in both female categories taking most of the credit. Thailand's **PRAMONGKHOL Chayuttra** [4th at the 2012 Olympic Games] missed out on the gold medal in snatch but excelled in clean and jerk with a 120kg world record, capturing the overall gold as well for her 209kg world record total. Chinese competitors occupied the runner-up and third positions: the three silvers were obtained by **HOU Zhihui** [208kg] and the three bronzes by 20-year old **JIANG Huihua** (206kg), who established no less than 7 junior world records. The other Thai representative in this category, Olympic and world champion **TANASAN Sopita** in the end finished in 4th place with 201kg, despite winning the snatch with a 93kg world record ahead of **HOU** who snatched the same weight but later.







MIYAKE HIROMI, JPN: SEE YOU AGAIN IN TOKYO!







| 1 PRAMONGKHOL CHAYUTTRA | 29.11.1994 | THA 48.23 | 89 120 | 209 |
|------------------------------|------------|-----------|--------|-----|
| 2 HOU ZHIHUI | 18.03.1997 | CHN 48.46 | 93 115 | 208 |
| 3 JIANG HUIHUA | 22.01.1998 | CHN 48.95 | 92 114 | 206 |
| 4 TANASAN SOPITA* | 23.12.1994 | THA 48.83 | 93 108 | 201 |
| 5 ANDRIES ELENA-RAMONA | 21.09.1994 | ROU 48.53 | 83 105 | 188 |
| 6 PIRON C. BEATRIZ ELIZABETH | 27.02.1995 | DOM 48.98 | 84 103 | 187 |
| 7 AGUSTIANI SRI WAHYUNI | 13.08.1994 | INA 48.69 | 82 104 | 186 |
| 8 VUONG THI HUYEN | 22.06.1992 | VIE 48.72 | 83 100 | 183 |
| 9 MIYAKE HIROMI | 18.11.1985 | JPN 48.86 | 79 102 | 181 |
| 10 SEGURA SEGURA ANA IRIS | 26.07.1991 | COL 48.85 | 83 97 | 180 |



55KG – STILL THE THAIS



SRISURAT SUKANYA, THA

"I did four days a week technical training for months to achieve this."

| 1 SRISURAT SUKANYA* | 03.05.1995 | THA | 54.50 | 105 | 127 | 232 |
|------------------------------|------------|-----|-------|-----|-----|-----|
| 2 LI YAJUN | 27.04.1993 | CHN | 54.82 | 102 | 123 | 225 |
| 3 ZHANG WANQIONG | 21.01.1994 | CHN | 54.79 | 101 | 124 | 225 |
| 4 IOVU CRISTINA* | 08.11.1992 | ROU | 55.00 | 97 | 123 | 220 |
| 5 CHINSHANLO ZULFIYA | 25.07.1993 | KAZ | 54.87 | 93 | 120 | 213 |
| 6 NABIEVA MUATTAR | 02.06.1996 | UZB | 54.84 | 98 | 114 | 212 |
| 7 LANDOULSI NOUHA | 05.05.1998 | TUN | 54.73 | 97 | 114 | 211 |
| 8 SHERMETOVA KRISTINA | 25.05.1993 | ткм | 54.47 | 93 | 117 | 210 |
| 9 ESCOBAR G. MARIA ALEXANDRA | 17.07.1980 | ECU | 54.75 | 93 | 116 | 209 |
| 10 RI SU YON | 11.01.1996 | PRK | 53.29 | 88 | 118 | 206 |
| | | | | | | |

or the sake of continuity, in the 55kg category Thailand could celebrate another winner. Called **SRISURAT Sukanya**, the Olympic champion and last year's WWC second showed extraordinary superiority pulling off the rivals and closing as the best with 232kg total, while registering three world records in snatch, two in clean and jerk and three in total. As next best, at a space of 7 kilos, finished two Chinese competitors: 2013 world champion **LI Yajun** and 2016 University world champion **ZHANG Wanqiong**. Kazakhstan fielded its 2012 London Olympic winner who was later stripped of her title, **CHINSHANLO Zulfiya**. She landed in 5th place overall at her first WWC since the expiry of her suspension.





59KG - KUO'S HAT TRICK

he 59kg brought a change into the monotony of Thai victories. Taiwan hailed its world champion with **KUO** Hsing-Chun. The 2-fold world champion and Olympic bronze medallist did not disappoint: first she set a world record in snatch 105kg, before continuing with the same intensity in clean and jerk and total (132, 237kg). Although with a final effort in jerk Chinese CHEN Guiming trumped Kuo's fresh world record setting a new one at 133kg and taking the gold on that lift, the glory remained with the Taiwanese champion. Among the youngest in the field, double junior world champion and Olympic fourth and last year's WWC 3rd KOHA Rebeka pocketed



KUO HSING-CHUN, TPE "I got the same medals in the same order three times in a row. It's fantastic! I want to thank my Fan Club for supporting me even here." the bronze medals in snatch and total even in this star-studded group. Unlike two-times Olympic runner-up SIRIKAEW Pimsiri (THA) who finished without any medals this time.



| 1 KUO HSING-CHUN | 26.11.1993 | TPE | 58.07 | 105 | 132 | 237 |
|----------------------------|------------|-----|-------|-----|-----|-----|
| 2 CHEN GUIMING | 03.01.1994 | CHN | 58.81 | 98 | 133 | 231 |
| 3 KOHA REBEKA | 19.05.1998 | LAT | 58.70 | 103 | 124 | 227 |
| 4 SIRIKAEW PIMSIRI | 25.04.1990 | THA | 58.80 | 100 | 125 | 225 |
| 5 ANDOH MIKIKO | 30.09.1992 | JPN | 58.40 | 93 | 131 | 224 |
| 6 HOANG THI DUYEN | 26.04.1996 | VIE | 58.66 | 103 | 120 | 223 |
| 7 FEDELIS CHINEYE SILVER | 28.10.1993 | NGR | 58.75 | 90 | 125 | 215 |
| 8 JAGADDHITA ACCHEDYA | 12.05.1997 | INA | 58.59 | 96 | 116 | 212 |
| 9 YAYLYAN IZABELLA | 04.01.1995 | ARM | 58.56 | 95 | 115 | 210 |
| 10 GUICHO R. QUISIA YANELI | 12.09.1987 | MEX | 58.63 | 88 | 118 | 206 |





KOHA REBEKA, LAT "When I first saw the World Standards, I knew I can do more. I'm not disappointed I didn't win the clean and jerk, as I knew I could not compete with the others. I concentrated on the total."



64KG – DENG'S BALANCE SHEET: 5 WORLD RECORDS, 3RD WORLD TITLE

he newly crowned world champion of the 64kg is a woman who had won everything since her first title (Youth world champion) in 2009, including the 2016 Olympic Games and 2 World Championships: **DENG Wei** from China. **DENG** did not give it cheap: she set world records in snatch with 112kg, in clean and jerk 140kg and in total three times, 247, 250, finally 252kg. Strong in the snatch, Romanian TOMA Loredana-Elena became "weak" in the second act letting a new flock of chasers try to catch up with **DENG**, but all of them failed in the effort. In the end, at a handicap of 13 kilos to the Chinese, two attackers landed in 2nd and 3rd place, respectively: for a silver medal 2016 junior world champion **RIM Un Sim** (PRK), and for the bronze **WAMALUN Rattanawan** (THA). It was a big surprise that Asian Games champion North-Korean **KIM Hyo Sim** could not total and former world and European champion Russian TURIEVA Tima also had to settle for a 9th position in total.

| 1 DENG WEI | 14.02.1993 | CHN | 62.84 | 112 | 140 | 252 |
|-------------------------|------------|-----|-------|-----|-----|-----|
| 2 RIM UN SIM | 05.07.1996 | PRK | 63.88 | 105 | 134 | 239 |
| 3 WAMALUN RATTANAWAN | 15.07.1995 | THA | 63.38 | 102 | 137 | 239 |
| 4 LIN TZU-CHI | 19.03.1988 | TPE | 63.48 | 105 | 130 | 235 |
| 5 TOMA LOREDANA-ELENA | 10.05.1995 | ROU | 63.98 | 110 | 124 | 234 |
| 6 PEREZ T. M. ISABEL | 07.08.1987 | COL | 63.73 | 105 | 127 | 232 |
| 7 SADYKOVA ASSEM | 02.08.1993 | KAZ | 63.77 | 101 | 125 | 226 |
| 8 GORICHEVA KARINA | 08.04.1993 | KAZ | 62.88 | 107 | 117 | 224 |
| 9 TURIEVA TIMA | 22.06.1992 | RUS | 63.58 | 101 | 122 | 223 |
| 10 SILGADO A. R. ANDREA | 30.06.1995 | COL | 63.84 | 98 | 125 | 223 |

DENG WEI, CHN "I just kept telling myself I had to win those medals, over and over again.

I knew I couldn't lose."









71KG – ZHANG GOT EVERYTHING SHE CAME FOR

1kg winner **ZHANG Wangli** (CHN) cannot be blamed for leaving any stone unturned. She captured all the three gold medals in Ashgabat setting four world records in the process. Asian champion in 2016, **ZHANG** lifted 2kg less than the world standard in the snatch, but in clean and jerk and in total she had her name entered twice each (147, 152kg; 262, 267kg) in the new book of world records. **ZHANG's** supremacy is proven by the 15kg lead on silver medallist Egyptian **AHMED Sara**; and the 25kg gap on 2016 Olympic bronze medal winner and current junior world champion **Kazakh LIKHACHEVA Nadezda**. A bronze in clean a jerk was clinched by US lifter **ROGERS Martha Ann**, third also in the year before.

| 1 ZHANG WANGLI | 27.05.1996 | CHN | 70.10 | 115 | 152 | 267 |
|-----------------------------|------------|-----|-------|-----|-----|-----|
| 2 AHMED SARA S. E. MOHAMED | 01.01.1998 | EGY | 71.00 | 111 | 141 | 252 |
| 3 LIKHACHEVA NADEZDA | 18.08.1995 | KAZ | 68.40 | 112 | 130 | 242 |
| 4 ROMANOVA ANASTASIIA | 02.10.1991 | RUS | 70.49 | 110 | 130 | 240 |
| 5 ROGERS MARTHA ANN | 23.08.1995 | USA | 69.87 | 105 | 133 | 238 |
| 6 ALWINE MEREDITH LEIGH | 08.06.1998 | USA | 70.77 | 101 | 132 | 233 |
| 7 SANCHEZ P. MARI LEIVIS | 08.10.1991 | COL | 70.38 | 103 | 125 | 228 |
| 8 CANTU IGLESIAS J. MICHELL | 09.04.1996 | MEX | 70.08 | 92 | 124 | 216 |
| 9 AKERLUND C. MARIA | 29.05.1990 | SWE | 69.28 | 97 | 118 | 215 |
| 10 STOLYARENKO YEKATERINA | 16.10.1998 | KAZ | 68.58 | 94 | 118 | 212 |

ZHANG WANGLI, CHN

"I came here to set world records and win the World Championships. Both goals fulfilled – I got everything I wanted."

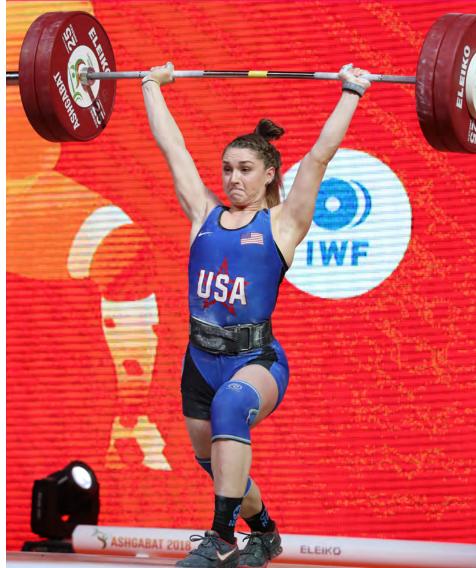








ROGERS MARTHA ANN, USA "I didn't expect the medal, but I feel like I did well tonight. My Mom was probably up all night at home, watching me. I hope my family is proud of me now. I will continue to train and I hope in two years I can get a medal in Tokyo."



76KG - GREAT SURPRISE: WANG OUTCLASSES RIM

he first surprise was the lack of world records in the 76kg category but a much bigger surprise was the final outcome of the duel in the top ranks. China's 2015 Asia champion, **WANG Zhouyu** defeated PRK's double Olympic champion superstar, **RIM Jong Sim**. In the first part, events were progressing "normally": **RIM** was better with her 119kg against **WANG**'s 118kg. Until this point, with her 117kg, Ecuador's prodigy, 20-year old **DAJOMES BARRERA Neisi Patricia** was still capable of keeping pace with both big shots. The rest of the field had long lost their track. Excitements, however, increased in clean and jerk where **WANG** was successful with 140, then 146, and finally even with 152kg; on her turn **RIM** – following 145 and 150kg – failed at the final 153kg weight letting the Chinese capture the remaining two gold medals. DPR Korea's star looked quite unhappy – to say the least... Not so **DAJOMES BARRERA**, 3-times junior world champion, who was happy about the bronze in total, while the clean and jerk bronze went to Colombia's excellent athlete, Olympic silver medallist and 2017 world champion **SOLIS ARBOLEDA Leidy Yessenia**.



18 / WORLD WEIGHTLIFTING



81KG - "VALENTIN DAY" IN ASHGABAT

VALENTIN PEREZ LIDIA, ESP

"I competed in the 81kg bodyweight category, because I had a shoulder injury and I didn't want to exhaust myself by losing weight a few days before competition. When I couldn't do the 136 clean and jerk for the first time, my coach told me: 'If you want towin, don't take the risk'. So, I came out to try the same again, I couldn't concentrate on the world records this time."



atisfying expectations and assessments, Spanish VALENTIN PEREZ Lidia triumphed in the women's 81kg thus becoming the first European winner in the Turkmen capital. With all colours of Olympic medals and 4 European titles already in her collection, VALENTIN (33) earned her second world title in total. Winning the snatch with 113kg, she was third in clean and jerk with 136kg. In second place overall and as winner of the clean and jerk (137kg) we find 10 years younger NAUMAVA Darya from Belarus (245kg). Another lifter also managed to hoist 137kg in jerk: SALAZAR ARCE Tamara Yajaira from Ecuador, thus taking silver. She also celebrated a bronze medal in total.









| 1 VALENTIN PEREZ LIDIA | 10.02.1985 | ESP | 79.13 | 113 | 136 | 249 |
|---------------------------------|------------|-----|-------|-----|-----|-----|
| 2 NAUMAVA DARYA | 26.08.1995 | BLR | 77.89 | 108 | 137 | 245 |
| 3 SALAZAR ARCE TAMARA YAJAIRA | 09.08.1997 | ECU | 78.93 | 105 | 137 | 242 |
| 4 ARTHUR JENNY LYVETTE | 11.12.1993 | USA | 78.48 | 106 | 135 | 241 |
| 5 CHIRINOS LEON DAYANA ARACELIS | 04.10.1991 | VEN | 79.30 | 100 | 131 | 231 |
| 6 DEKHA IRYNA | 14.05.1996 | UKR | 76.61 | 103 | 123 | 226 |
| 7 TORRES WONG ANACARMEN | 27.11.1995 | MEX | 76.45 | 96 | 130 | 228 |
| 8 GARZA GARZA ALEJANDRA | 01.08.1991 | MEX | 79.10 | 98 | 127 | 225 |
| 9 MESHITKHANOVA RAUSHAN | 24.11.1995 | KAZ | 79.79 | 108 | 115 | 223 |
| 10 MUN MINHEE | 07.07.1995 | KOR | 76.55 | 100 | 123 | 223 |

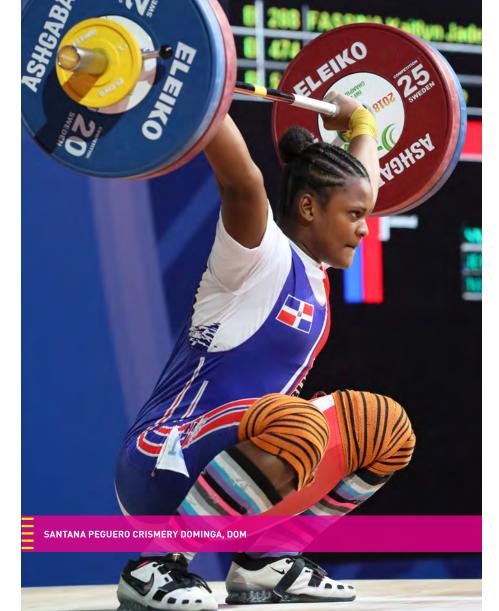
87KG - PROLONGED ABSENCE DID NOT DO ANY HARM

he 87kg category winner is someone who resurfaced after a last international showing dating back to 2015 when she became junior Asian champion. **AO Hui** (CHN) now won with 268kg, taking gold in snatch and silver in clean and jerk. With an aggregate of 263kg to her credit, DPR Korean **KIM Un Ju** fished the clean and jerk gold medal from under the nose of the Chinese thanks to 152kg on that lift. To tell the truth, **KIM** herself is not a well-known international name: apart from a world championships bronze from 2011 her only entry was in 2014: Asian Games champion.



NIEVE ARROYO OLIBA SELEDINA, ECU





atin America put two wedges in this Asian dominance: in the first part SANTANA PEGUER0 Crismery Dominga from Dominican Republic took a snatch silver; while in clean and jerk **VALDES** PARIS Maria Fernanda from Chile earned bronze, **SANTANA** winning the total bronze, too. Though merely seventh overall, NIEVE ARROYO Oliba Seledina still deserves special mention: at 41 (!) years of age she still claims a place in the world's elite.

| 1 AO HUI | 20.04.1997 | CHN | 85.81 | 117 | 151 | 268 |
|--------------------------------|------------|-----|-------|-----|-----|-----|
| 2 KIM UN JU | 11.11.1989 | PRK | 86.60 | 111 | 152 | 263 |
| 3 SANTANA P. CRISMERY DOMINGA | 20.04.1995 | DOM | 86.84 | 116 | 138 | 254 |
| 4 VALDES PARIS MARIA FERNANDA | 17.03.1992 | СНІ | 86.59 | 110 | 140 | 250 |
| 5 PEREZ R. NARYURY ALEXANDRA | 29.09.1992 | VEN | 86.56 | 111 | 138 | 249 |
| 6 MSTIEVA DIANA | 25.11.1994 | RUS | 86.83 | 108 | 136 | 244 |
| 7 NIEVE ARROYO OLIBA SELEDINA | 25.11.1977 | ECU | 86.24 | 109 | 132 | 241 |
| 8 PASKHINA KSENIIA | 19.11.1994 | RUS | 86.88 | 107 | 126 | 233 |
| 9 KACZMARCZYK KINGA | 10.07.1997 | POL | 86.49 | 98 | 123 | 221 |
| 10 FASSINA KAITLYN JADE JUDGES | 17.07.1990 | AUS | 86.37 | 100 | 120 | 220 |

25 SWEDE

ELEIKO

IWF WL

5078

SV

KIM UN JU, PRK

ASHGABAT

+87KG - KASHIRINA IS BACK AND GOOD AS EVER!

he show of the superheavies was the highlight of the last day. In the renamed category, the over 87kg, Russia's 4-times world champion KASHIRINA Tatiana made a big comeback proving that she is still the Queen of the sport. Silver medallist of the 2012 Olympic Games and, not insignificantly, 7-times European champion, **KASHIRINA** triumphed with a 145kg world record in snatch - before rewriting the world record list six more times in clean and jerk (178, 182, 185) and total (323, 327, 330). She thus scored her fifth world champion title. Her super-fast pace was too quick for the rivals except one: Chinese Olympic champion from 2016, **MENG Suping**. In snatch **MENG** lagged by 2 kilos, in the jerk by one kilo behind **KASHIRINA**. She even established a world record (184kg in jerk) which was, however, quite short-lived having been eradicated just moments later by KASHIRINA's 185kg. Those who picked up the bronze medals were CHAIDEE Duangaksorn (THA) and KIM Kuk Hyang (PRK).

CHAIDEE DUANGAKSORN, THA



KASHIRINA TATIANA, RUS

"I didn't change anything in my training routine while I couldn't compete internationally. I kept training same like I was preparing for World Championships. It wasn't easy to wait but I pulled through. Tonight, everything happened as planned. I didn't have the world records on my mind, the only goal was winning the medals. I respect my competitors but I am never afraid or scared to lose to them. Only the results matter."





| 1 KASHIRINA TATIANA 24.01.1991 RUS 107.60 145 185 2 MENG SUPING 17.07.1989 CHN 120.92 143 184 3 CHAIDEE DUANGAKSORN* 11.08.1997 THA 113.70 129 167 | 327 |
|--|-----|
| | |
| 3 CHAIDEE DUANGAKSOPN* 11 08 1997 THA 113 70 129 147 | 296 |
| | |
| 4 KIM KUK HYANG 20.04.1993 PRK 97.64 130 165 | 295 |
| 5 ROBLES SARAH ELIZABETH 01.08.1988 USA 143.06 128 162 | 290 |
| 6 PULSABSAKUL CHITCHANOK* 04.11.1993 THA 121.11 127 153 | 280 |
| 7 LEE HUISOL 27.08.1989 KOR 118.26 120 152 | 272 |
| 8 LYSENKO ANASTASIIA 02.12.1995 UKR 102.80 119 148 | 267 |
| 9 HARIDY SHAIMAA AHMED KHALAF 01.01.1991 EGY 127.54 117 150 | 267 |
| 10 SON YOUNGHEE 24.04.1993 KOR 112.51 115 152 | 267 |

* Athlete has since been temporarily suspended by IWF in view of an apparent Anti-Doping Rule Violation.





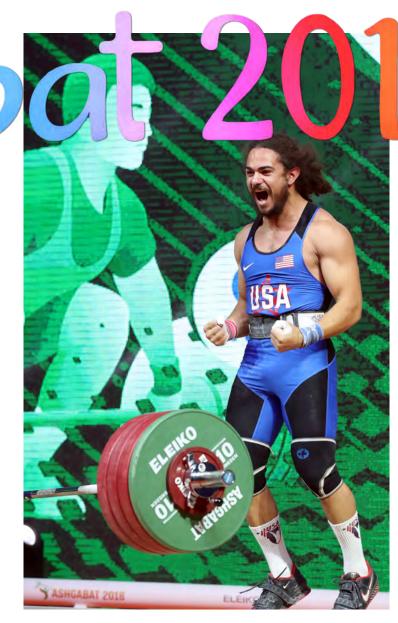




shgab













> INTERVIEW

TEXT: ANIKÓ NÉMETH-MÓRA

INTERVIEW WITH DAVID LUCKES, IOC HEAD OF SUMMER SPORTS AND IF RELATIONS

WW: Mr. Luckes, welcome to the 2018 IWF World Championships! Can you tell us what brings you to Ashgabat?

D.L.: It is my pleasure to be here within the framework of our overall engagements between the IWF and the IOC – besides our good and friendly relations. Namely, visiting major IF events, especially in yet undiscovered locations, is seen by the IOC as an important tool to see the facilities offered and the way the sport is showcased.

WW: Is this your first visit to Turkmenistan? What are your impressions?

D.L.: Yes, this is my first visit and as much as I can see in such a short time, it is a very interesting country. Undoubtedly, they have amazing facilities here; in terms of legacy it is of immense value. It is fortunate that at least now the IWF is utilizing what Ashgabat can offer, however, the future use is still a question. If not for other reasons, it is always stimulating and enlightening for us to watch what an International Sport Federation is doing.

WW: You will not be surprised to hear that nowadays for weightlifting the central topic is the future status of our sport beyond 2020. What are your views on that?

D.L.: We have been working very close with IWF and we understand and recognise that they have a very robust anti-doping program. We also have a very good level of cooperation and understanding between us. I wish to assure you that we are partners; however, we are waiting for the IWF's report.

WW: We realize that as a senior IOC official you must be discreet about the IOC's official position, but personally, how do you feel about 2024 Paris and weightlifting? **D.L.:**The decision is in the hands of the IOC Executive Board but we hope that we get everything in order to pass the correct decision...

WW: What is your personal relationship with weightlifting as a sport?

D.L.: I was an Olympic athlete in hockey and every sport has to apply weight training. So, I was no exception and had to work a lot with the weights, therefore I can recognise the jerk and the basic movements. But I must tell you that very different is to see the drama in competition, to understand the technicality, the strategy going on behind the scene. I enjoy watching weightlifting! It's basically a very simple sport: people will know if it is a pass or a fail. At the same time, the IWF is developing the presentation, including so many new elements to involve people more into the action and that makes weightlifting even more exciting.

WW: In such close working relationships personal contacts play a great role. What is your personal relationship with people on the IWF?

D.L.: I agree it is highly important to be in touch. In terms of weightlifting I can tell that my collaboration – and allow me to say: friendship – with the IWF, in particular President Dr. Aján, started about 15 years ago when I was working on the London 2012 Bid. For an IF it is very important to have strong leadership – and we have it with President Aján. All I can say that I have never been disappointed and the IWF has been a good partner of any Organising Committee I have been on and now since I have been with the IOC.







THE POWER OF CHAMPIONS

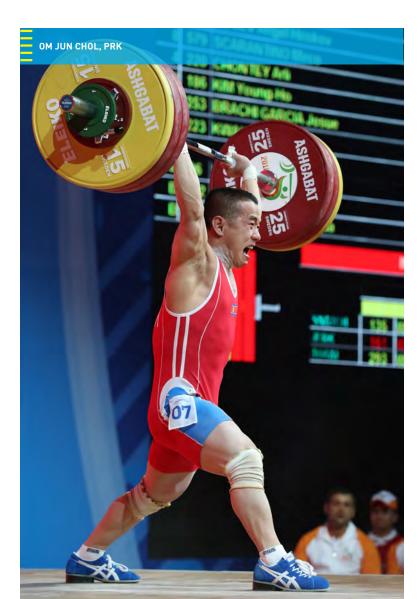
www.dhs-sports.com TEL:8621-23267000 FAX:8621-23267070 E-mail:dh@dhs-sports.com

MEN WF WORLD CH/

55KG – OM WINS FOURTH TITLE WITH WORLD RECORD

PR Korea celebrated the first winner at the Ashgabat WWC in the new 55kg category. Beyond sweeping the platform clean **OM Jun Chol** set up the first world record of the event. 2012 London Olympic champion and 2016 Rio Olympic silver medallist, **OM** had collected three world championship titles up to Ashgabat where he managed to add the fourth one enriching his collection with all three available gold medals. In clean and jerk he outlifted the IWF World Standard by one kilo (162kg), i.e. pinning the first record of the meet. In **OM**'s shadow five lifters shared the six medals **CHONTEY Arli** (KAZ) getting closest to the winning Korean. **CHONTEY** snatched the same 120kg as **OM**.

| 1 OM YUN CHOL | 18.11.1991 | PRK | 54.90 | 120 | 162 | 282 |
|--------------------------|------------|-----|-------|-----|-----|-----|
| 2 CHONTEY ARLI | 01.07.1992 | KAZ | 54.81 | 120 | 138 | 258 |
| 3 SCARANTINO MIRCO | 16.01.1995 | ITA | 54.90 | 113 | 139 | 252 |
| 4 KIM YOUNG-HO | 09.10.1996 | KOR | 54.88 | 114 | 137 | 251 |
| 5 BRACHI GARCIA JOSUE | 08.09.1992 | ESP | 54.86 | 115 | 135 | 250 |
| 6 RUSEV ANGEL HRISKOV | 13.07.2001 | BUL | 54.84 | 108 | 140 | 248 |
| 7 MASSIDDA SERGIO | 26.01.2002 | ITA | 54.81 | 105 | 131 | 236 |
| 8 SAHIN MUAMMER | 05.02.1994 | TUR | 55.00 | 110 | 125 | 235 |
| 9 SOMBOON-UAN THADA | 03.11.2000 | THA | 54.76 | 101 | 123 | 224 |
| 10 GUZMAN L. L, EVERARDO | 06.12.1998 | MEX | 54.44 | 103 | 120 | 223 |



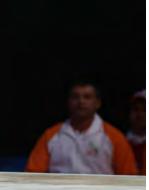








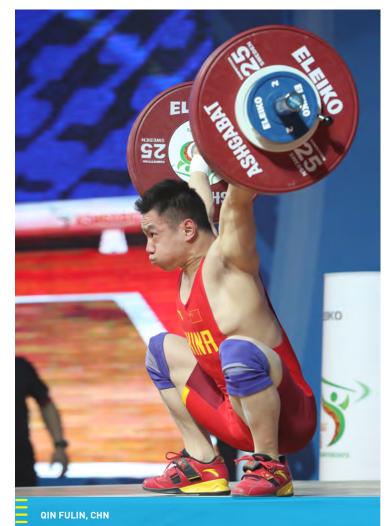






61KG - IRAWAN JUSTIFIES COVER PAGE STATUS

eaturing on the cover of our last magazine, 29-year old IRAWAN **Eko Yuli** justified our choice as the Asian Games winner proved to be invincible again, this time on Turkmen soil and the World stage. Boasting a glorious Olympic past from three Games with one silver and 2 bronze medals, the Indonesian won everything he could: gold in snatch, clean and jerk and in total. Since he captured the first WWC title in 2007 (!), this was his 13th world championship victory. In clean and jerk he established a record with 174kg, and in total first with 313 then with 317kg. Colombian MOSQUERA VALENCIA Francisco Antonio won bronze in jerk but remained without medals overall. The rest of the bronzes and all the three silver medals were taken by Chinese lifters: former junior world champion LI Fabin picked up the silvers in snatch and total, while the remaining metal went to 2016 University world champion **QIN Fulin**.

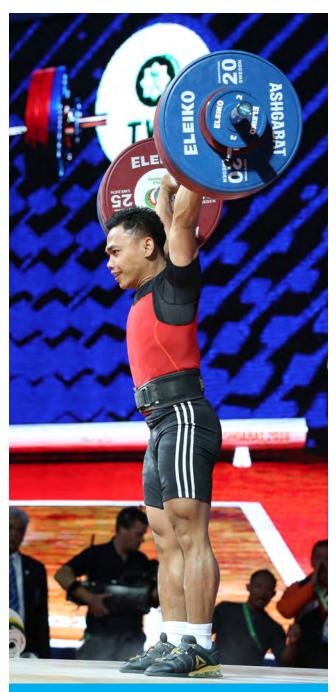


LI FABIN





| 1 IRAWAN EKO YULI | 24.07.1989 | INA | 60.87 | 143 | 174 | 317 |
|---------------------------------|------------|-----|-------|-----|-----|-----|
| 2 LI FABIN | 15.01.1993 | CHN | 60.69 | 142 | 168 | 310 |
| 3 QIN FULIN | 12.01.1994 | CHN | 60.83 | 139 | 169 | 308 |
| 4 MOSQUERA V. FRANCISCO ANTONIO | 01.04.1992 | COL | 60.99 | 135 | 169 | 304 |
| 5 THACH KIM TUAN | 15.01.1994 | VIE | 60.61 | 135 | 163 | 298 |
| 6 ERGASHEV ADKHAMJON | 12.03.1999 | UZB | 60.31 | 136 | 157 | 293 |
| 7 MISHVELIDZE SHOTA | 18.10.1994 | GE0 | 60.49 | 135 | 158 | 293 |
| 8 ITOKAZU YOICHI | 24.05.1991 | JPN | 60.88 | 132 | 160 | 292 |
| 9 VAZQUEZ MENDEZ ANTONIO | 12.08.1993 | MEX | 60.90 | 120 | 166 | 286 |
| 10 LAPTSEU HENADZ | 15.12.1998 | BLR | 60.87 | 132 | 151 | 283 |



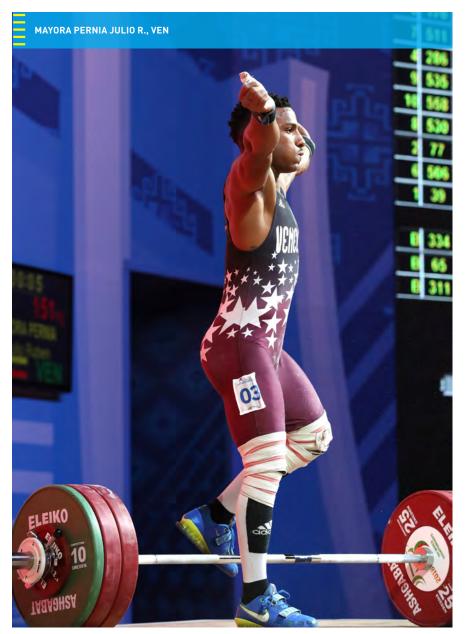
IRAWAN EKO YULI, INA

"This medal is for my wife and new-born baby. I am so grateful for their support. The World Championships medals were missing

orld Championships medals were missi from my collection, I am very happy to finally obtain them."

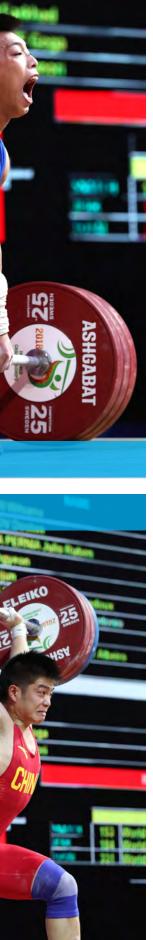
67KG – TWO CHINESE UP FRONT

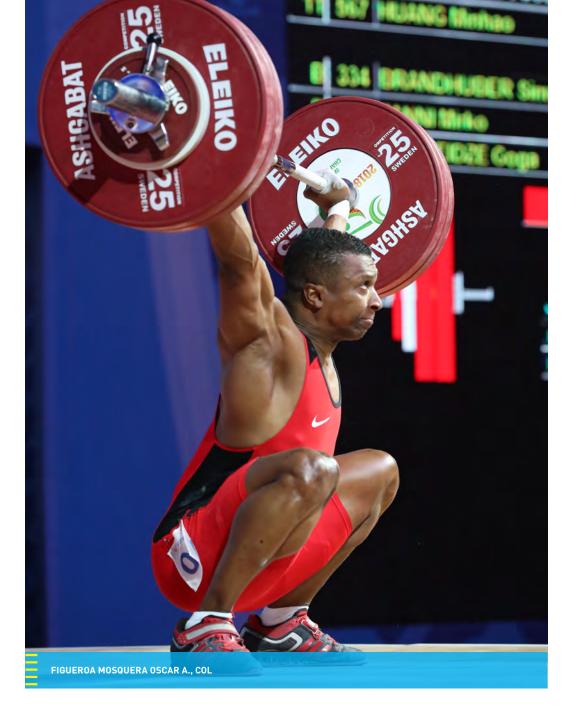
his race was going to be decided between both Chinese competitors. However, snatch winner **HUANG Minhao**, 2012 junior worlds silver medallist, proved to be weaker in the clean and jerk and was just hardy able to clinch the silver in total. In contrast, runner-up in snatch, 2013 and 2015 world champion **CHEN Lijun** advanced in the second part of the contest to gold medal winning position for both the clean and jerk and the total. He even tried to make a new world record clean and jerk but 185kg proved to be too much. Venezuela's weightlifting heritage has been enriched by **MAYORA PERNIA Julio Ruben**, who became the third from his country to capture medals (two at once). Although, following his triumph in Rio de Janeiro, **FIGUEROA MOSQUERA Oscar Albeiro** had announced his retirement, Colombia's Olympic champion made a comeback and, at 35 years of age, managed to clinch a bronze medal in clean and jerk.







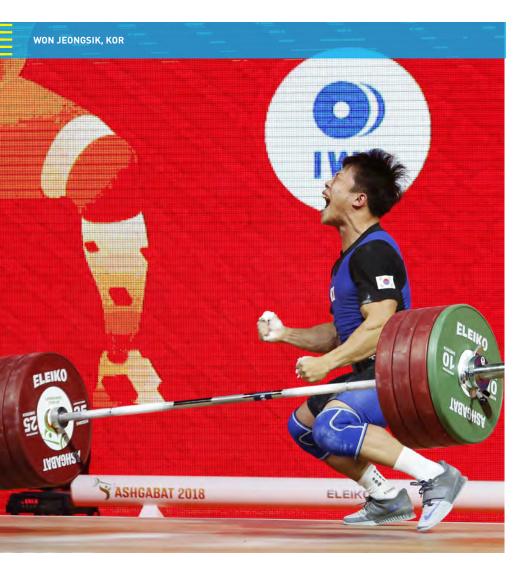




| 1 CHEN LIJUN | 08.02.1993 | CHN | 66.81 | 150 | 182 | 332 |
|----------------------------------|------------|-----|-------|-----|-----|-----|
| 2 HUANG MINHAO | 21.08.1992 | CHN | 66.87 | 152 | 171 | 323 |
| 3 MAYORA PERNIA JULIO RUBEN | 02.09.1996 | VEN | 66.63 | 147 | 175 | 322 |
| 4 YOKUBOV DOSTON | 05.04.1995 | UZB | 66.95 | 139 | 180 | 319 |
| 5 FIGUEROA MOSQUERA O. ALBEIRO | 27.04.1983 | COL | 66.79 | 140 | 178 | 318 |
| 6 PAK JONG JU | 14.03.1997 | PRK | 66.69 | 140 | 175 | 315 |
| 7 CHKHEIDZE GOGA | 11.02.1996 | GEO | 66.97 | 139 | 172 | 311 |
| 8 DENI | 26.07.1989 | INA | 66.71 | 140 | 170 | 310 |
| 9 KHARKI FARKHAD | 20.04.1991 | KAZ | 66.73 | 133 | 175 | 308 |
| 10 KINGUE MATAM BERNARDIN LEDOUX | 20.05.1990 | FRA | 66.81 | 134 | 173 | 307 |

73KG – SHI ZHIYONG'S SECOND WORLD TITLE

n the 73kg category of the men the Chinese continued to win. 2016 Olympic champion, **SHI ZHIYONG** proved to be the best in this category and stamped the victory with two world records in snatch, one in clean and jerk and again two in total. As we were nearing the end of the clean and jerk, a search was launched in the venue and the athletes' hotel for Korean **WON Jeongsik**, having competed in Group B, as he was due to appear on the medal podium. Not for anything else but on account of his outstanding performance earlier in the day when setting the category's first world record of 194kg in clean and jerk eventually earning the silver medal. Meanwhile, **SHI Zhiyong** improved that mark further, to 196kg. 2014 world champion and 2016 Olympic champion **RAHIMOV Nijat** from Kazakhstan first finished 13th in snatch but improved this disappointing position to a bronze medal in clean and jerk. Fighting steadily, **LIKHARAD Vadzim** (BLR) earned silver in snatch and bronze in total.



SHI ZHIYONG, CHN







| 1 SHI ZHIYONG | 10.10.1993 | CHN | 72.81 | 164 | 196 | 360 |
|-----------------------------|------------|-----|-------|-----|-----|-----|
| 2 WON JEONGSIK | 09.12.1990 | KOR | 72.57 | 153 | 195 | 348 |
| 3 LIKHARAD VADZIM | 06.09.1993 | BLR | 72.79 | 156 | 187 | 343 |
| 4 RI CHONG SONG | 31.05.1997 | PRK | 72.82 | 155 | 187 | 342 |
| 5 O KANG CHOL | 16.09.1993 | PRK | 72.77 | 154 | 185 | 339 |
| 6 CALJA BRIKEN | 19.02.1990 | ALB | 72.89 | 153 | 186 | 339 |
| 7 BEN HNIA KAREM | 13.11.1994 | TUN | 72.21 | 151 | 186 | 337 |
| 8 RAHIMOV NIJAT | 13.08.1993 | KAZ | 72.82 | 147 | 190 | 337 |
| 9 ANDREEV BOZHIDAR DIMITROV | 17.01.1997 | BUL | 72.73 | 153 | 182 | 335 |
| 10 CUMMINGS JR CLARENCE | 06.06.2000 | USA | 72.88 | 148 | 187 | 335 |

> 2018 IWF WORLD CHAMPIONSHIPS - ASHGABAT - MEN

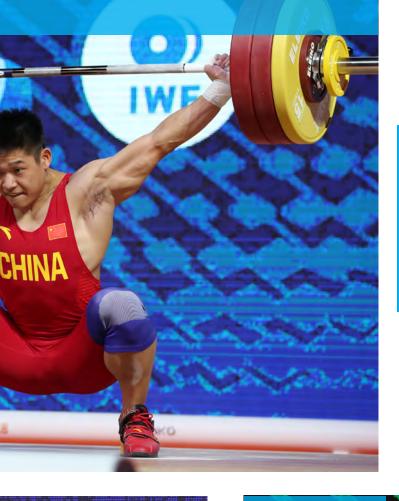
81KG – LYU INVINCIBLE, WINNING 4 TIMES IN A STREAK

ndoubtedly the most exciting show, studded by an array of world records, was seen in the 81kg for men. Quite unusually, 32 year old Chinese Olympic champion and 3 times world champion LYU Xiaojun emerged as the total winner despite taking only silvers in snatch and in clean and jerk. First in snatch, in vain did LYU pin a new world record of 172kg, there was someone else who outdid even this mark by lifting 173kg: MAHMOUD Mohamed from Egypt, Olympic third and former world champion. In clean and jerk both LYU and MAHMOUD, weathered champions, received a snooker from hardly 20 year old Chinese LI Dayin, who finished at 204kg after setting no less than 8(!) junior world records. The total results reveal the intensity of the rivalry: 374kg (LYU), 373kg (MAHMOUD), 372kg (LI).

MAURUS HARRISON JAMES, USA







| 1 LYU XIAOJUN | 27.07.1984 | CHN | 80.41 | 172 | 202 | 374 |
|-------------------------------|------------|-----|-------|-----|-----|-----|
| 2 MAHMOUD M. IHAB Y. AHMED | 21.11.1989 | EGY | 80.72 | 173 | 200 | 373 |
| 3 LI DAYIN | 12.02.1998 | CHN | 80.81 | 168 | 204 | 372 |
| 4 REJEPOV REJEPBAY | 23.02.1992 | ткм | 80.74 | 166 | 197 | 363 |
| 5 ASAYONAK PETR | 27.02.1993 | BLR | 80.65 | 167 | 190 | 357 |
| 6 MAURUS HARRISON JAMES | 26.02.2000 | USA | 80.31 | 157 | 200 | 357 |
| 7 MUELLER NICO | 02.11.1993 | GER | 80.71 | 156 | 192 | 348 |
| 8 ALJUMAILI S. RASHID MAHMOOD | 01.01.1990 | IRQ | 80.99 | 155 | 191 | 346 |
| 9 MONTES H. HUGO FERNANDO | 29.01.1990 | COL | 80.54 | 154 | 191 | 345 |
| 10 MATA PEREZ ANDRES EDUARDO | 11.11.1992 | ESP | 80.40 | 154 | 191 | 345 |



LYU XIAOJUN, CHN

"I proved today that I can still win, even if everyone was younger than me. By the Tokyo Olympics I will be quite over-aged, but I will work harder and train more than my younger rivals."



89KG – SEVEN MEDALLISTS CROWDING THE PODIUM!

rare scene on the stage in Ashgabat: during the victory ceremony as many as seven athletes were called by the MC one by one to the podium to take over their respective medals. Obviously, the ceremony was preceded by perhaps the closest ever fight seen in which Russian world champion (2015) OKULOV Artem eventually emerged victorious. Following an 8th place in snatch he managed to win gold not only in clean and jerk but also in total! The snatch medal stand was mounted by **KHADASEVICH Pavel** (BLR) for a silver and by MORENO TORRES Jhor (COL) for a bronze medal. The champion was MENDEZ PEREZ Arley, who had won the first gold medal for Chile in 2017. Here are the results of the top 10 in snatch: 169-169, 168-168, 167-167, 165-165kg! Surely never seen before. The regression of the results in clean and jerk was not a bit less tightly scaled, with **MENDEZ** disappearing and letting a completely new set of medallists be awarded: OKULOV Artem, MKRTCHYAN Hakob (ARM), VALLENILLA SANCHEZ Keydomar (VEN). Again different was the composition of medallists in total with **OKULOV** remaining in the lead (372kg) but followed by KHADASEVICH and DAVITADZE Revaz (GEO) - both with 371kg.

OKULOV ARTEM, RUS

"I knew I can do it! This time the clean and jerk gold medal couldn't be mine but I am not sad at all. This was a great competition."













| 1 OKULOV ARTEM | 05.05.1994 | RUS | 88.44 | 166 | 206 | 372 |
|-----------------------------|------------|-----|-------|-----|-----|-----|
| 2 KHADASEVICH PAVEL | 16.07.1993 | BLR | 88.51 | 169 | 202 | 371 |
| 3 DAVITADZE REVAZ | 16.10.1998 | GE0 | 86.63 | 168 | 203 | 371 |
| 4 RODALLEGAS C. B. SANTIAGO | 15.11.1997 | COL | 86.62 | 167 | 203 | 370 |
| 5 MENDEZ PEREZ ARLEY | 31.12.1993 | СНІ | 88.75 | 169 | 200 | 369 |
| 6 VALLENILLA S. K. GIOVANNI | 08.10.1999 | VEN | 88.32 | 165 | 204 | 369 |
| 7 MKRTCHYAN HAKOB | 08.03.1997 | ARM | 88.84 | 160 | 205 | 365 |
| 8 MORENO T. JHOR ESNEIDER | 02.10.1995 | COL | 87.00 | 168 | 195 | 363 |
| 9 ҮАМАМОТО ТОЅНІКІ | 08.09.1991 | JPN | 88.85 | 163 | 199 | 362 |
| 10 JANG YEONHAK | 14.02.1997 | KOR | 88.00 | 166 | 195 | 361 |

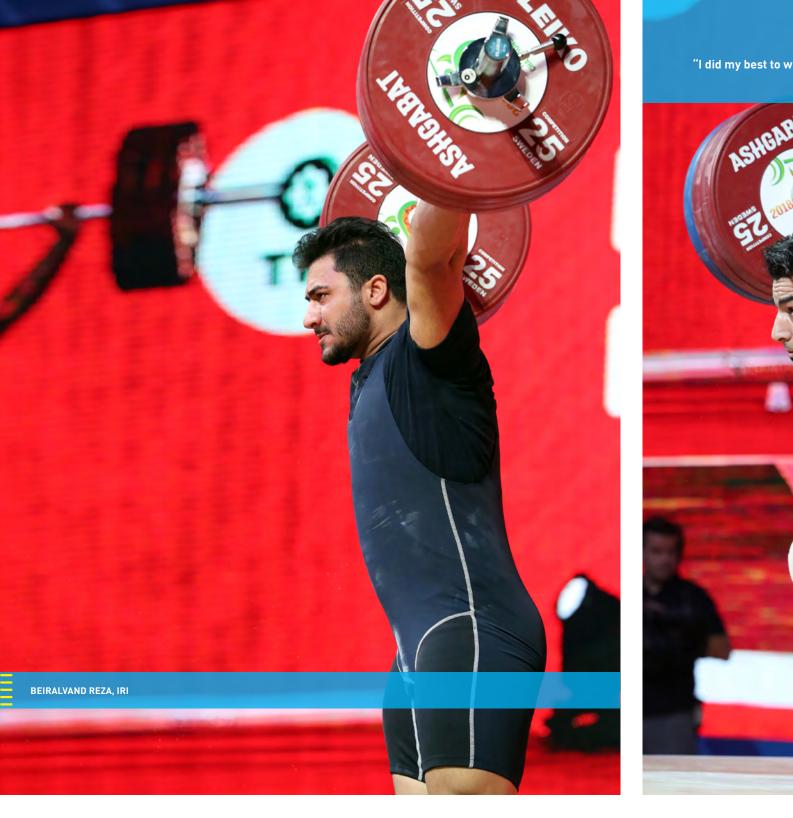


96KG – MORADI TOOK IT ALL

fter the only day when no world records were established, the World Standards had to suffer a new - devastating - attack in the 96kg. The general who conducted the successful war on the records was MORADI Sohrab from Iran, competing in explosive form. Collecting the three gold medals presented no particular problem, and he set four world records in the process. Finally, he finished in the lead with 186kg snatch, 230kg clean and jerk and 416kg total results. Rio Olympic champion and reigning world champion MORADI accumulated a 9 kilogram lead on his 2016 Olympic runner-up Chinese TIAN Tao who picked up the silvers. The three bronzes went to three different competitors, with ONICA Nicolae of Romania winning the total bronze. 20year old Colombian RIVAS MOSQUERA Jhonatan attracted attention by registering 6 junior world records.

| 1 MORADI SOHRAB | 22.09.1988 | IRI | 95.94 | 186 | 230 | 416 |
|---------------------------|------------|-----|-------|-----|-----|-----|
| 2 TIAN TAO | 08.04.1994 | CHN | 94.44 | 181 | 226 | 407 |
| 3 ONICA NICOLAE | 24.06.1993 | ROU | 95.22 | 175 | 216 | 391 |
| 4 TSIKHANTSOU YAUHENI | 04.11.1998 | BLR | 94.13 | 180 | 210 | 390 |
| 5 ELBAKH F. IBRAHIM E. H. | 04.06.1998 | QAT | 95.22 | 171 | 217 | 388 |
| 6 SUMPRADIT SARAT | 17.04.1994 | THA | 93.88 | 173 | 211 | 384 |
| 7 SANTAVY BOADY ROBERT | 22.05.1997 | CAN | 91.81 | 175 | 208 | 383 |
| 8 PLIESNOI ANTON | 17.09.1996 | GEO | 93.99 | 173 | 206 | 379 |
| 9 KLIMONOV EGOR | 24.08.1992 | RUS | 95.61 | 168 | 210 | 378 |
| 10 RIVAS M. JHONATAN | 11.07.1998 | COL | 94.83 | 176 | 201 | 377 |





ASHGAR

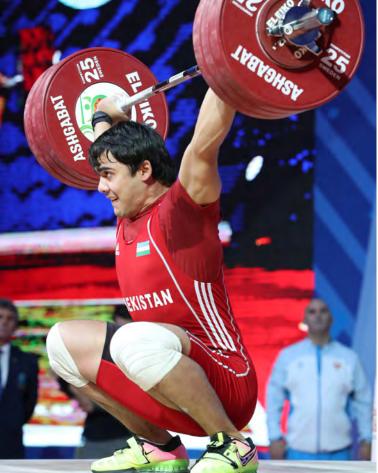
102KG – IRAN DOMINATES

he 102kg category was undoubtedly dominated by the Iranian "duo" consisting of **HASHEMI Ali** and teammate BEIRALVAND Reza. Both of them wept in five of the available nine medals. This dominance was not yet so evident in snatch where Uzbek DJURAEV Akbar scored a surprise victory. He won with a 180kg result and, being just 19 years old, set four junior world records. In the clean and jerk the Iranians surged forward and BEIRALVAND took the gold medal. Here, the defending world champion HASHEMI was only third, because Ukrainian CHUMAK Dmytro lifted the 217kg before HASHEMI. However, in total the Iranian triumphed with a 3kg lead on the Ukrainian and BEIRALVAND, both of whom amassed 393kg.



| 1 HASHEMI ALI | 01.11.1991 | IRI | 101.72 | 179 | 217 | <mark>396</mark> |
|----------------------|------------|-----|--------|-----|-----|------------------|
| 2 CHUMAK DMYTRO | 11.07.1990 | UKR | 100.80 | 176 | 217 | 393 |
| 3 BEIRALVAND REZA | 01.04.1997 | IRI | 98.61 | 175 | 218 | 393 |
| 4 DJURAEV AKBAR | 08.10.1999 | UZB | 101.67 | 180 | 212 | 392 |
| 5 CHKHEIDZE IRAKLI | 05.01.1999 | GEO | 100.52 | 168 | 208 | 376 |
| 6 REVA KOSTIANTYN | 04.08.1993 | UKR | 101.23 | 167 | 206 | 373 |
| 7 SHEIKO MAKSIM | 14.04.1988 | RUS | 101.92 | 167 | 200 | 367 |
| 8 KOVAC MATEJ | 01.06.1992 | SVK | 101.95 | 163 | 198 | 361 |
| 9 ZAICHIKOV ALEXANDR | 17.08.1992 | KAZ | 101.92 | 165 | 195 | 360 |
| 10 TANAKA TARO | 22.01.1994 | JPN | 101.96 | 167 | 190 | 357 |



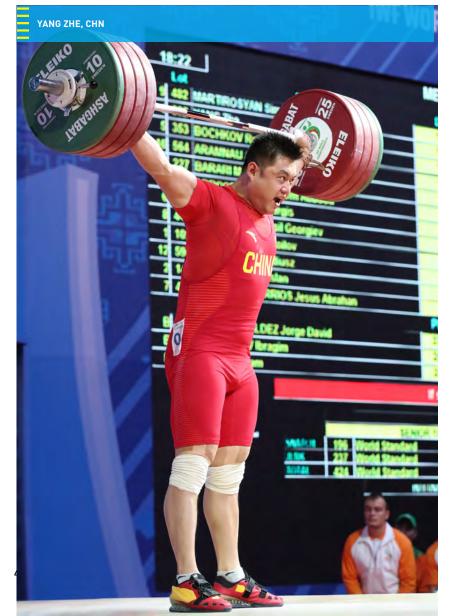


DJURAEV AKBAR, UZB

> 2018 IWF WORLD CHAMPIONSHIPS - ASHGABAT - MEN

109KG – MIGHTY MARTIROSYAN WINS WHILE RECORDS FALL

ighty lifting, gigantic victory in the 109kg by Armenia's most reliable superstar. Silver medallist of the 2016 Rio Olympic Games and European champion **MARTIROSYAN Simon** triumphed by a huge margin and registered world records in clean and jerk with 240kg and 435kg in total. In snatch, for a fleeting moment, there was someone better than him: **YANG Zhe** from China, who managed to lift 196kg against **MARTIROSYAN**'s 195kg (missing 197), but in clean and jerk the Chinese got 17kg from the great champion, and 16kg in total, still being able to earn the runner-up position overall. **MARTIROSYAN** was irresistible and opened at an easy 230kg, continued (and finished) at 240kg – new world record. **MICHALSKI Arkadiusz**, Poland finished in the silver medallist position on clean and jerk and 3rd in total. Russian **BOCHKOV Rodion** was happy to clinch a bronze in snatch and **NURUDINOV Ruslan**, Uzbek Olympic and world champion managed to win the bronze in clean and jerk, after missing all three attempts in snatch.



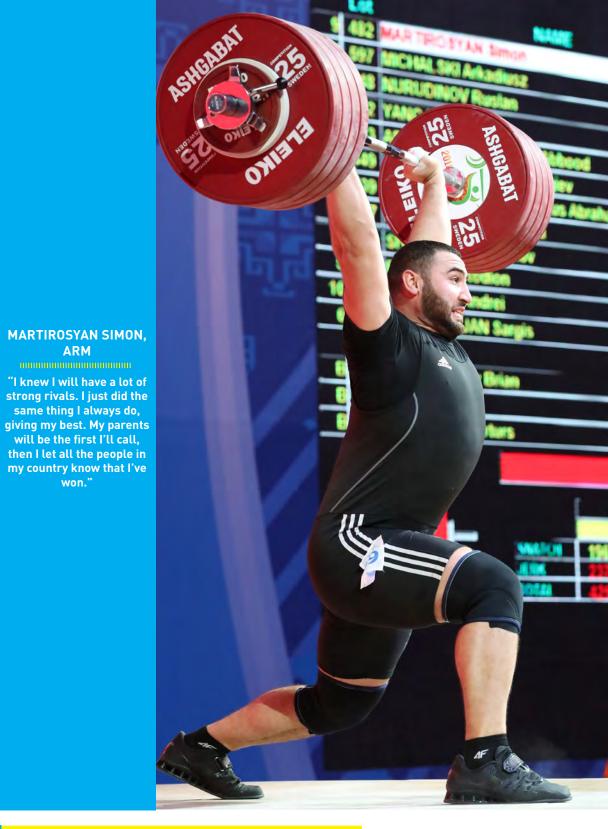






ARM





| 1 MARTIROSYAN SIMON | 17.02.1997 | ARM | 109.00 | 195 | 240 | 435 |
|------------------------------|------------|-----|--------|-----|-----|-----|
| 2 YANG ZHE | 14.07.1991 | CHN | 108.48 | 196 | 223 | 419 |
| 3 MICHALSKI ARKADIUSZ | 07.01.1990 | POL | 108.89 | 175 | 228 | 403 |
| 4 ABBOOD SALWAN JASIM ABBOOD | 26.09.1991 | IRQ | 108.60 | 180 | 222 | 402 |
| 5 BOCHKOV RODION | 27.09.1993 | RUS | 107.55 | 190 | 210 | 400 |
| 6 BARARI MOHAMMADREZA | 31.03.1988 | IRI | 109.00 | 181 | 215 | 396 |
| 7 SEO HUIYEOP | 29.02.1992 | KOR | 107.87 | 175 | 220 | 395 |
| 8 GOSPODINOV VASIL GEORGIEV | 05.11.1993 | BUL | 106.81 | 176 | 217 | 393 |
| 9 ARAMNAU ANDREI | 17.04.1988 | BLR | 108.69 | 182 | 210 | 392 |
| 10 PLESNIEKS ARTURS | 21.01.1992 | LAT | 108.68 | 174 | 217 | 391 |

> 2018 IWF WORLD CHAMPIONSHIPS - ASHGABAT - MEN

+109KG -WORLD'S STRONGEST MAN SPARKLED AGAIN

o surprises just another brilliant show in the superheavy category put the icing on the Ashgabat 2018 cake. Olympic, world and European champion, last year's Lifter of the Year, **TALAKHADZE Lasha** from Georgia swept the field clean as he always does: with amazing new world records. After warming up in snatch with 207kg, he continued with two world records, 202 and 217kg. In clean and jerk the same routine: 245kg for a light start, followed by new world records of 252, then 257kg world records, at the same time rewriting the total world record list 3 times (462, 469, finally 474kg). Though walking at a respectful distance from the Georgian, all the three silver medals were captured by Armenian **MINASYAN Gor**. Bronze medals were distributed among **DJANGABAEV Rustam**, Uzbekistan (jerk and total), while the snatch bronze went to the other Georgian, **TURMANIDZE Irakli**.

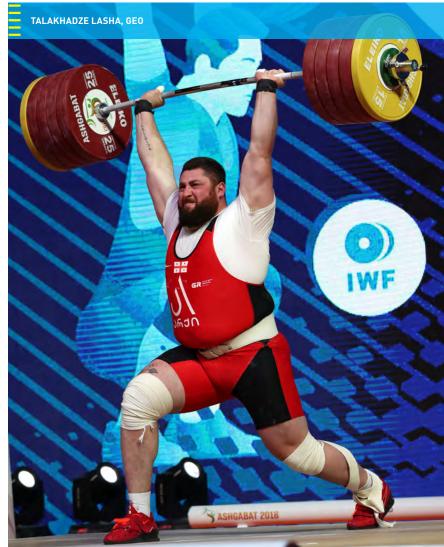












| 1 TALAKHADZE LASHA | 02.10.1993 | GEO 1 | 69.31 | 217 | 257 | 474 |
|--------------------------|--------------|--------|-------|-----|-----|-----|
| 2 MINASYAN GOR | 25.10.1994 A | ARM 14 | 49.50 | 205 | 245 | 450 |
| 3 DJANGABAEV RUSTAM | 25.08.1993 U | UZB 14 | 49.49 | 202 | 245 | 447 |
| 4 SARAIVA REIS FERNANDO | 10.03.1990 E | BRA 1 | 53.22 | 201 | 235 | 436 |
| 5 ALBEGOV RUSLAN | 26.01.1988 F | RUS 1 | 55.36 | 197 | 235 | 432 |
| 6 SEIM MART | 24.10.1990 I | EST 1 | 55.63 | 192 | 235 | 427 |
| 7 ТОҮСНҮҮЕУ НОЈАМИНАММЕТ | 16.01.1992 T | ГКМ 14 | 48.82 | 187 | 240 | 427 |
| 8 DAVOUDI ALI | 22.03.1999 | IRI 1 | 61.04 | 197 | 227 | 424 |
| 9 ZIAZIULIN EDUARD | 29.10.1998 E | BLR 1 | 34.83 | 193 | 228 | 421 |
| 10 NAGY PETER | 16.01.1986 H | HUN 1 | 58.05 | 187 | 226 | 413 |

TALAKHADZE LASHA, GEO

"I could have lifted more in the clean and jerk as my best was 264kg before, but this time winning was the most important thing and I didn't take a risk. However, I'll be training even harder and deliver the 264kg lift in the near future."

INTERVIEW WITH DÁNIEL GYURTA, IOC MEMBER

"The International Olympic Committee thinks the IWF's firm stand in the fight against doping is an example to follow", stated Dániel Gyurta, 29, Member of the IOC, in his interview for WORLD WEIGHTLIFTING in Ashgabat.

The Hungarian sports diplomat, former Olympic, world and European champion swimmer was elected to the Athletes' Commission of the International Olympic Committee for a term of eight years at the Rio Olympic Games. He spent two days in Turkmenistan's capital upon invitation by the IWF.

"I have come to Ashgabat accepting an invitation from Dr. Tamás Aján. At the same time, I am representing the International Olympic Committee at an Olympic medal ceremony organised for three athletes who were later promoted to the rank of Olympic medallists replacing those whose samples turned out to be positive in the reanalysis process."

THE SPORT OF WEIGHTLIFTING HAS THUS LEFT THE DANGER ZONE IT USED TO BE IN.

"In the anti-doping fight the International Weightlifting Federation is now generally known for its firm and consistent attitude and strict rules. The sport of weightlifting has thus left the danger zone it used to be in. Whereas a while ago voices were heard that weightlifting's Olympic status was pending, now, at





the end of 2018 we can say this cloud has passed from its skies. The IOC has pinned the protection of clean athletes on its banner and the IWF is a flag-bearer in this fight. I shall submit a detailed report to the IOC on my visit here in Ashgabat. I am eager to share with the IOC the impressions I collected during these two days at the World Championships."

Dániel Gyurta also mentioned that in the course of the two years he has spent outside the swimming pool he received invaluable advice to his new career from Tamás Aján who possesses several decades of experience in sports diplomacy.

"In addition to the impact of his achievements, the fact that he has been able to stay on top of a world federation for forty years, he keeps supporting me. Not only by inviting me here but also whenever he has half an hour or even just a few minutes to share with me he can always tell me something I can learn from. As a Hungarian, I am indeed very lucky being surrounded by persons who have shaped the course of sports on a global level."

In a medal ceremony organised according to IOC protocol on the stage of Ashgabat 2018, IOC Member Dániel Gyurta, accompanied by IOC Honorary Member and IWF President Dr. Tamás Aján presented the following Olympic medals:

- London 2012 Olympic Games Women's 48kg bronze to GULNOI Rattikan, THA
- London 2012 Olympic Games Men's 94kg gold to MOHAMMADPOURKARKARAGH Saeid, IRI
- Rio 2016 Olympic Games Men's 85kg bronze to ULANOV Denis, KAZ



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> 3RD YOUTH OLYMPIC GAMES – BUENOS AIRES

TEXT: ANIKÓ NÉMETH-MÓRA **PHOTO:** DÁNIEL SZABÓ

3RD YOUTH OLYMPIC GAMES – **BULNOS AIRES 2018** VOUTH OLYMPIC GAMES TREND-SETTER BUENOS AIRES EMBRACES YOUNG ATHLETES AND PUBLIC ALIKE

keptics who sniffed at the IOC's decision to allocate the 3rd, 2018 edition of the Youth Olympic Games – following splendid and lavish events in Singapore 2010 and Nanjing 2014 – to Buenos Aires, Argentina, were ignominiously proven wrong in their negative

expectations and forced to redefine their preconceptions. Those in doubt were taught a lesson by the Argentinian capital, a lesson how to stage affordable games, create and use sustainable venues and make Olympism a live adventure.

The new concept of the 2018 Youth Olympic Games introduced by Buenos Aires became manifest already with the Opening Ceremony. The Games took a great start: for the first time in the history of the Olympic Games, the Ceremony – very short and with minimum protocol – was held in the heart of the city in the street, the famous *Avenida 9 de Julio* in front of the iconic *Obelisk* and over 200.000 people showed up for the party!

However, that was not the only innovation the *#GameChangers* presented to the Olympic Family over the 12 days of competition. The new concept of Parks and free entry to all venues and events (!) bound only to online registration worked splendidly, and *BA2018* was finally able to realize what organisers usually promise but are seldom able to deliver: packed capacity houses

every day and in every session! Even before the Games were over the organizers announced that all 600.000 entry wristbands were "sold out": the public was truly involved and enthusiastic.

No less were inspired those 3,997 athletes in 32 sports who came to compete and enjoy the YOG from all over the world.

Weightlifting's all-in-one venue, the *Europa Pavillion*, was conveniently located in the *Youth Olympic Park*, very close to the *Youth Olympic Village*.

Of weightlifting's quota of 110 competitors aged 15-17, in the end 102 athletes participated with 7 proving to be ineligible and one injured. For the first time in history, more girls (53) than boys (49) were present in Buenos Aires. This field represented 63 different countries thus also serving the Games' concept of diversity and the Olympic ideals. Young lifters from a wonderful number of twenty-two nations won medals with Turkey being most successful thanks to its 4-medal collection (1 gold, 2 silver, 1 bronze). With the majority of the suspended countries still absent, many new nations saw their chances arriving and their young lifters were truly inspired by engaging in a levelled competition. Nevertheless, there were certain talents standing out and highlighting the competitions by their top-class lifting.





> 3RD YOUTH OLYMPIC GAMES – BUENOS AIRES

The girls opened in 44kg category and Venezuela was first to celebrate a Champion with **ECHANDIA ZARATE Katherin Oriana**. The 17-year old outscored runner-up **NGUYEN Thi Thu Trang** from Vietnam by no less than 15kg.

A similarly convincing victory by Pan-America was seen in the next category as well: in the 48kg **HERNANDEZ VIEYRA Yesica** of Mexico (171kg) won with another representative of the continent placing second: **SANTOYA ORTIZ Yineth** of Colombia.

Asia still waiting to rise into dominance, Europe was next to score in the 53kg. Romanian **BALTAG Sabina** stood up to the challenge and with a final effort at 100kg she successfully captured the Youth Olympic Champion title (177kg) against her Colombian rival **JUNKAR ACERO Kely** (176kg).

North African duel in 58kg! Egypt's 16-year old SAID Neama Said Fahmi dueled with Tunisian BELKHIR Ghofrane, African Youth and Junior Champion and Junior World Championships bronze medallist. Their fight was full of excitement and at the end, not quite unexpectedly, BELKHIR became the champion thanks to her 196kg total as opposed to SAID's 194kg.

The time of Asians came in the 63kg, which was dominated by 2018 Junior World Champion **FAYZULLAEVA Kumushkhon** from Uzbekistan. Her final score of 218kg was 16 kilos more than the total by runner-up **CHONTAVIN Thipwara**, Thailand. Bulgarian **SHATOVA Galya** landed in third place with a marginal disadvantage of 1kg behind the Thai.

In a large field of 13 athletes in the women's last category, +63kg, same pattern continued inasmuch as there was someone pulling off and a close battle between the silver and bronze medallists. The one supreme among the heaviest was **KHAMHAENG Supatchanin** from Thailand. She lifted 104kg in snatch and 132kg in clean and jerk, adding up to a 236kg total. The fight for the YOG silver medal was decided between **DAVRONOVA Dolera** (UZB) and **NARIN Dilara** (TUR) in favour of the latter. **NARIN** was able to lift 1kg more in clean and jerk (126kg) securing the second position.



WOMEN 63KG: FAYZULLAEVA KUMUSHKHON, UZB



WOMEN 48KG: HERNANDEZ VIEYRA YESICA, MEX



WOMEN 44KG: ECHANDIA ZARATE KATHERIN ORIANA, VEN





MEN 62KG: JEREMY LALRINNUNGA, IND





he men made a strong start right in the first category, the 56kg, with Vietnam's NGO Son **Dinh** lifting an impressive 262kg, 23 kilos more than the next best. Indian JEREMY **Lalrinnunga** in the 62kg category showed a little less omnipotence, yet he won with a strong 274kg aggregate 11kg on the runner up **TOPTAS Caner** from Turkey. In the 69kg, Turkish **OZBEK** Muhammed Furkan, European Youth Champion took the lead already in the snatch and added a further 14kg advantage lifting a strong 150kg for the winning 305kg total. Next best became his European Vice Champion MALAKMADZE Archil from Georgia. Still Europe among the men, the winning streak continued in 77kg where Armenian MARGARYAN Karen eventually scored a 1-kilo victory on TOSHTEMIROV Mukhammadkodir representing Uzbekistan, Asia, in what was one of the closest and most exciting duels of the Games. Italy's **FICCO** Cristiano Giuseppe caused some anxiety amongst his team and fans in the 85kg by missing two of his snatches at 150kg, yet managed to secure a pole position for the rest of the competition with his only successful snatch at 145kg. In clean and jerk then he left no doubt about being the supreme lifter when winning with 180kg and becoming Youth Olympic Champion with the convincing total of 325kg. Being the youngest in the men's field and at 15 years of age also being the heaviest bringing 163kg bodyweight on the scale, Iran's supersuperheavyweight YOUSEFI Alireza finally emerged victorious in the +85kg category. His final victory on Bulgarian HRISTOV Hristo, however, was not yet predictable in the snatch, where **HRISTOV** lifted 11 kilograms more than the Iranian. The final act of the men's competitions, the +85kg clean and jerk indeed put the icing on the cake. Before the very last attempt, YOUSEFI was merely second in total with his 211kg result. He absolutely needed to lift 7 kg more in order to defeat the Bulgarian. So the final attempt at 218kg was crucial and the 15-year old Iranian gave it all, jerking the huge weight overhead with remarkable technique and strength! 380kg against **HRISTOV**'s 379kg crowned him Youth Olympic Champion. In bronze-medal winning position we find **KUWORGE Enzo Kofi** from the Netherlands amidst the support and cheering of practically the entire Dutch Youth Olympic delegation. And, last but not least, in the presence of IOC President Thomas Bach!

Buenos Aires 2018 proved to be trend-setter in the Olympic Movement and the IWF's gratitude should be expressed to the host BAYOGOC as well as to the Argentinian Weightlifting Federation for the unforgettable Games experience.



MEN 85KG: FICCO CRISTIANO GIUSEPPE, ITA



WOMEN +63KG: KHAMHAENG SUPATCHANIN, THA





MEN 77KG: MARGARYAN KAREN, ARM







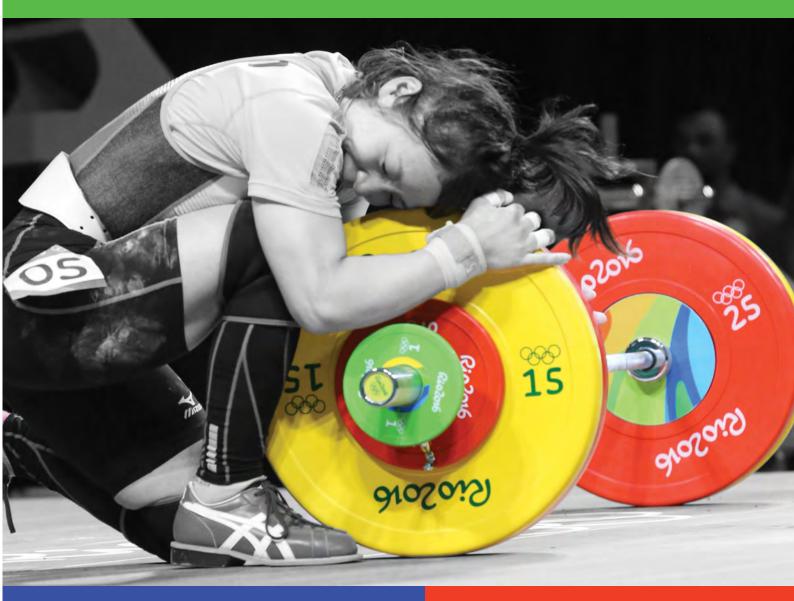
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